

- ▶ FSDs: management of cases
- ▶ How to work multidisciplinary
- ▶ Surgery in Sexual Medicine (male and female)
- ▶ Psychotherapy (different methods)
- ▶ Couple therapy
- ▶ Specific topics:
  - Psychiatric diseases
  - Hypersexuality
  - Paraphilic disorders
  - chronic disease / Cancer
  - physical disability
  - POIS, PGAS
  - Body Dysmorphic syndrome
  - Chronic Pelvic Pain

There will be an optional and very informal social program run throughout the course. This is a friendly course and we hope that participants will make new friends, as well as learn about Sexual Medicine. Because the number of participants is strictly limited, there is plenty of opportunity to meet and talk informally with teaching faculty members. Although 10 days may seem a long time to be away from home at a course, feedback from previous groups suggests that loneliness and boredom are not a problem. The actual running cost of the complete Program is more than €3,700.00 per person but it is partly-subsidized by generous support from the European Society for Sexual Medicine.

Therefore, the registration fee for the complete program is

- ▶ **EUR 2.500,00** for ESSM members
- ▶ EUR 2.800,00 for Non-members

This includes: tuition fees, meals and accommodation for the 10 days course. Travel costs are not included.

ESSM members from low-income countries, or those who are experiencing financial hardship, may apply for special bursaries, which can cover part of the registration fee.

The number of participants in each year of the Sexual Medicine Program is limited, so early application is advisable; registrations will be accepted on a first come-first serve basis upon receiving full payment of the registration fee.

Acceptance to the basic or advance course will take place after evaluation by the course leaders, of the delivered information (CV, Motivation letter and information). Full refund will be provided if you will not be satisfied with the allocation to the basic/advanced course according to your request but not later than 5 days after the announcement of the allocation.

**For further information, please e-mail the ESSM Secretariat:**  
[ESSMSchool2019@aimgroup.eu](mailto:ESSMSchool2019@aimgroup.eu)



# ESSM

European Society for  
Sexual Medicine



ESSM school  
ESSM advanced course

in cooperation with  
ISSM and EFS

## The ESSM School of Sexual Medicine 2019

8-17 November 2019  
Budapest, Hungary

[www.essm.org](http://www.essm.org)



## We are proud to announce the next ESSM School of Sexual Medicine 2019!

The ESSM School of Sexual Medicine will take place on **8-17 November 2019** in Budapest, Hungary.

On behalf of our President, Dr. Yacov Reisman, the Executive Committee, and the Educational Committee of the ESSM we invite you to apply for the ESSM School of Sexual Medicine programme.

### Background

The ESSM School of Sexual Medicine was established by the European Society for Sexual Medicine. The first "Oxford Course" was run in 2007; in order to improve the program and to adjust to the requirements of the participants, this year we will have 2 separated courses (The **ESSM school course** and **ESSM advanced course**) according to level of knowledge and skills.

### Programme & Requirements

Our program is intended for clinicians seeking to acquire the knowledge and skills essential for practice or to gather advanced knowledge and improve skills (**Advanced Course**) in Sexual Medicine and Clinical Sexology. Therefore, it is to be noted that for the Advanced Course the following criteria apply:

- ▶ More than 5 years working clinically in Sexual Medicine or Clinical Sexology AND
- ▶ Attended specific training in Sexual Medicine/Clinical Sexology or ESSM school **PLUS**
  - Work in multidisciplinary team **OR**
  - Already FECSM or ECPS

**Medically-qualified participants** should find the basic course program helpful when preparing for the **Fellowship of the European Committee of Sexual Medicine** examination which will take place on January 2020 (info available [www.mjcs.org](http://www.mjcs.org)).

**Psychologists** will find the basic program helpful as well for the preparation of the **EFS & ESSM exam for qualification as Psycho-Sexologist**, which will take place on January 2020 (info available at [www.essm.org/education-certifications/certifications](http://www.essm.org/education-certifications/certifications)).

The Program is intended for persons with post-graduate experience in any relevant clinical specialism. Interest in and enthusiasm for Sexual Medicine are the essential qualifications; whilst previous experience in the clinical practice of Sexual Medicine is an advantage, the program is also suitable for those starting out in this fascinating and rapidly developing area of medicine. Special skills in surgery or psychotherapy are not a requirement for participation. Psychologists and therapists are welcome to join the program as well.

The 10 days residential course covers a wide range of Sexual Medicine and Clinical Sexology topics and provides the essential background learning from which clinical experience and research can be developed.

All sessions during the program will be conducted in the English language; participative learning techniques for skill development will be used, as well as didactic teaching.

### The academic programme will include

- ▶ sexual development
- ▶ psychology and physiology of sexual response (desire, arousal, and orgasm)
- ▶ impact of gender on sexuality
- ▶ ageing and sexuality
- ▶ sexual dysfunctions in men and women
- ▶ problematic sexual behavior
- ▶ gender identity disorders
- ▶ impact of medical treatments and other health problems on sexuality
- ▶ clinical skills in Sexual Medicine
- ▶ clinical management of sexual disorders
- ▶ genital dermatology
- ▶ ethical and legal aspects of Sexual Medicine
- ▶ standards of care in Sexual Medicine

### Curriculum ESSM School Course: Knowledge, Treatment methods & skills

- ▶ Intro to Sexual Medicine and clinical sexology, scientific societies, journals and activities in the field
- ▶ Sex and culture, rights, ethics and religion
- ▶ Sexuality in the life span (development, mature age, old age)
- ▶ Sexual orientation/gender dysphoria
- ▶ Hormones, Brain & Sexual Behaviour
- ▶ Sexual response models
- ▶ Assessment of SDs (Bio-psycho-social) and questionnaires
- ▶ Sexual history taking
- ▶ MSDs
- ▶ FSDs
- ▶ Basics of sexual therapy/and intro to different psychotherapy methods
- ▶ Contraception, Infertility, Pregnancy, Postpartum and abortion
- ▶ Female genital disorders
- ▶ Peyronie and penile disorders

### Curriculum Advanced Course: Knowledge of Treatment & advanced practical of skills (Practicing with real cases from the participants will be included)

- ▶ How to organize the assessment, treatment plan and follow-up
- ▶ MSDs: management of cases