



## **SCIENTIFIC PROGRAM –ESSM School of Sexual Medicine**

### **Friday 8/11 INTRODUCTION DAY**

- 14.00 – 15.00 Introduction and pre-test  
M. Fode (Denmark), F. Tripodi (Italy)
- 15.00 – 16.30 Norm and Attitude - Learn to talk and look to your own norms  
F. Tripodi (Italy)
- 16.30 – 17.00 **Break**
- 17.00 – 19.00 Introduce yourself  
Frontal intro of all participants
- 19.30 Meeting point in the hotel lobby for dinner

### **Saturday 9/11 SEXUAL DEVELOPMENT AND ORIENTATION**

- 08.30 – 10.30 Sexual development: childhood and adolescence  
F. Tripodi (Italy)
- 10.30 – 11.00 **Break**
- 11.00 – 13.00 Sexual development: biological aspects through clinical cases  
G. Corona (Italy)
- 13.00 – 14.00 **Lunch**
- 14.00 – 16.00 Sexuality in older population + check your competence  
G. Corona (Italy)
- 16.00 – 16.30 **Break**
- 16.30 – 18.00 Sexual orientation  
J. Dean (UK)
- 19.30 Meeting point in the hotel lobby for dinner



**Sunday 10/11**  
**SEXUAL IDENTITY AND SEXUAL RESPONSE**

- 08.30 – 10.30 Gender dysphoria (+ clinical case)  
J. Dean (UK)
- 10.30 – 11.00 **Break**
- 11.00 – 13.00 Sexual response models: differences and applications in clinical practice  
F. Tripodi (Italy)
- 13.00 – 14.00 **Lunch**
- 14.00 - 16.00 Sexual history: tips and tricks +practical exercise  
Y. Reisman (Netherlands)
- 16.00 – 16.30 **Break**
- 16.30 – 18.00 Role play: the “important questions”  
M. Fode (Denmark), F. Tripodi (Italy)
- 19.30 Meeting point in the hotel lobby for dinner

**Monday 11/11**  
**BRAIN, SEXUAL BEHAVIOUR AND CHRONIC CONDITIONS**

- 08.30 – 10.30 Hormones, Brain & Sexual Behavior  
T. Krüger (Germany)
- 10.30 – 11.00 **Break**
- 11.00 – 13.00 The Neurobiology of Psychotherapy (specifically on paraphilia treatments)  
T. Krüger (Germany)
- 13.00 – 14.00 **Lunch**
- 14:00 – 15:00 Sex and culture, rights and ethics  
W. Gianotten (The Netherlands)
- 15:00 – 16:00 Sexual needs of people with physical disability: how we can help them  
W. Gianotten (The Netherlands)
- 16.00 – 16.30 **Break**
- 16.30 – 18.00 The impact of cancer and chronic diseases on sexuality  
W. Gianotten (The Netherlands)
- 19.30 Meeting point in the hotel lobby for dinner



### **Tuesday 12/11**

#### **FERTILITY AND PAIN DISORDERS**

- 8.30 - 10.30 Chronic Pelvic Pain clinical aspects  
Y. Reisman (The Netherlands)
- 10.30 - 11.00 Break
- 11.00 - 13.00 Role play: individual session  
M. Fode (Denmark), F. Tripodi (Italy)
- 13.00 - 14.00 Lunch
- 14.00 - 16.00 Contraception, Infertility, Pregnancy, Postpartum and abortion  
J. Bitzer (Switzerland)
- 16.00 - 16.30 Break
- 16.30- 18.00 Genito-pelvic pain/penetration disorders  
J. Bitzer (Switzerland)
- 19.30 Meeting point in the hotel lobby for dinner

### **Wednesday 13/11**

#### **SEXUAL THERAPY IN DIFFERENT CONTEXTS**

- 08.30 - 10.30 Hypoactive sexual disorder in men +clinical cases from participants  
Y. Reisman (The Netherlands)
- 10.30 - 11.00 **Break**
- 11.00 - 13.00 Psychosexual treatment methods  
H. Pastoor (The Netherlands)
- 13.00 - 14.00 **Lunch**
- 14.00 - 16.00 Management of clinical cases in psychosexual therapy including transference  
H. Pastoor (The Netherlands)
- 16.00 - 16.30 **Break**
- 16.30 - 18.00 Couple therapy  
H. Pastoor
- 19.00 Meeting point in the hotel lobby for dinner



**Thursday 14/11**  
**FEMALE SEXUAL DYSFUNCTIONS**

- 08.30 – 10.30 Female desire and arousal disorders  
A. Giraldi (Denmark)
- 10.30 – 11.00 **Break**
- 11.00 – 12.00 Female desire and arousal disorders: clinical cases  
A. Giraldi (Denmark)
- 12.00 – 13.00 Female orgasmic disorder  
A. Giraldi (Denmark)
- 13.00 – 14.00 **Lunch**
- 14.00 – 16.00 Role play: couple session  
F. Tripodi (Italy), M. Fode (Denmark)
- 16.00 – 16.30 **Break**
- 16.30 – 18.00 Panel discussion with cases from participants  
Panel: A. Giraldi (Denmark), Y. Reisman (The Netherlands), F. Tripodi (Italy)
- 19.30 Meeting point in the hotel lobby for dinner

**Friday 15/11**  
**WORKSHOPS ON SPECIFIC TOPICS**

- 08.30 – 10.30 Workshops with cases (groups on a specific theme)
1. Psychological aspects of Erectile dysfunction by E. Kirana (Greece)
  2. Hypersexuality by P. Briken (Germany) & F. Tripodi (Italy)
  3. Sexual aspects in LGBT population by H. Pastoor & Y. Reisman (The Netherlands)
- 10.30 – 11.00 **Break**
- 11.00 – 13.00 Workshops with cases (groups on a specific theme)
1. Psychological aspects of Ejaculatory disorders by E. Kirana (Greece)
  2. Paraphilias by P. Briken (Germany) & F. Tripodi (Italy)
  3. Female genital surgery by L. Lowenstein (Israel)
- 13.00 – 14.00 **Lunch**
- 14.00 – 19.00 **FREE AFTERNOON**
- 19:00 meeting in hotel lobby for dinner



**Saturday 16/11**  
**MALE SEXUAL DYSFUNCTIONS**

- 08.30 – 10.30 Erectile dysfunction  
H. Porst (Germany)
- 10.30 – 11.00 **Break**
- 11.00 – 12.00 Sensate Focus: tips and tricks. How to instruct and conduct  
E. Kirana (Greece)
- 12.00 – 13:00 Peyronie and penile disorders (including congenital curvature)  
H. Porst (Germany)
- 13.00 – 14.00 **Lunch**
- 14.00 – 16.00 Ejaculation and orgasm disorders  
F. Giuliano (France)
- 16.00 – 16.30 **Break**
- 16.30 – 18.00 Ejaculation and orgasm disorders (+ clinical questions from the participants)  
F. Giuliano (France)
- 19.30 Meeting point in the hotel lobby for dinner

**Sunday 17/11**  
**CLINICAL CASES**

- 08.30 – 10.30 Panel discussion with cases from participants  
Panel: F. Giuliano (France), E. Kirana (Greece), H. Porst (Germany)
- 10.30 – 11.00 **Break**
- 11.00 – 12.00 Q&A session  
M. Fode (Denmark), F. Tripodi (Italy)
- 12.00 – 13.00 Post-test and closing  
M. Fode (Denmark), F. Tripodi (Italy)