



SCIENTIFIC PROGRAM –ESSM School of Sexual Medicine

Friday 8/11 INTRODUCTION DAY

- 14.00 – 15.00 Introduction and pre-test
M. Fode (Denmark), F. Tripodi (Italy)
- 15.00 – 16.30 Norm and Attitude - Learn to talk and look to your own norms
F. Tripodi (Italy)
- 16.30 – 17.00 **Break**
- 17.00 – 19.00 Introduce yourself
Frontal intro of all participants
- 19.30 Meeting point in the hotel lobby for dinner

Saturday 9/11 SEXUAL DEVELOPMENT AND ORIENTATION

- 08.30 – 10.30 Sexual development: childhood and adolescence
F. Tripodi (Italy)
- 10.30 – 11.00 **Break**
- 11.00 – 13.00 Sexual development: biological aspects through clinical cases
G. Corona (Italy)
- 13.00 – 14.00 **Lunch**
- 14.00 – 16.00 Sexuality in older population + check your competence
G. Corona (Italy)
- 16.00 – 16.30 **Break**
- 16.30 – 18.00 Sexual orientation
J. Dean (UK)
- 19.30 Meeting point in the hotel lobby for dinner



Sunday 10/11
SEXUAL IDENTITY AND SEXUAL RESPONSE

- 08.30 – 10.30 Gender dysphoria (+ clinical case)
J. Dean (UK)
- 10.30 – 11.00 **Break**
- 11.00 – 13.00 Sexual response models: differences and applications in clinical practice
F. Tripodi (Italy)
- 13.00 – 14.00 **Lunch**
- 14.00 - 16.00 Sexual history: tips and tricks +practical exercise
Y. Reisman (Netherlands)
- 16.00 – 16.30 **Break**
- 16.30 – 18.00 Role play: the “important questions”
M. Fode (Denmark), F. Tripodi (Italy)
- 19.30 Meeting point in the hotel lobby for dinner

Monday 11/11
BRAIN, SEXUAL BEHAVIOUR AND CHRONIC CONDITIONS

- 08.30 – 10.30 Hormones, Brain & Sexual Behavior
T. Krüger (Germany)
- 10.30 – 11.00 **Break**
- 11.00 – 13.00 The Neurobiology of Psychotherapy (specifically on paraphilia treatments)
T. Krüger (Germany)
- 13.00 – 14.00 **Lunch**
- 14.00 – 15.00 Sex and culture, rights and ethics
W. Gianotten (The Netherlands)
- 15.00 – 16.00 Sexual needs of people with physical disability: how we can help them
W. Gianotten (The Netherlands)
- 16.00 – 16.30 **Break**
- 16.30 – 18.00 The impact of cancer and chronic diseases on sexuality
W. Gianotten (The Netherlands)
- 19.30 Meeting point in the hotel lobby for dinner



Tuesday 12/11
FERTILITY AND PAIN DISORDERS

- 08.30 – 10.30 Chronic Pelvic Pain clinical aspects
Y. Reisman (The Netherlands)
- 10.30 – 11.00 **Break**
- 11.00 – 13.00 Role play: individual session
M. Fode (Denmark), F. Tripodi (Italy)
- 13.00 – 14.00 **Lunch**
- 14.00 – 16.00 Contraception, Infertility, Pregnancy, Postpartum and abortion
J. Bitzer (Switzerland)
- 16.00 – 16.30 **Break**
- 16.30 – 18.00 Genito-pelvic pain/penetration disorders
J. Bitzer (Switzerland)
- 19.30 Meeting point in the hotel lobby for dinner

Wednesday 13/11
SEXUAL THERAPY IN DIFFERENT CONTEXTS

- 08.30 – 10.30 Hypoactive sexual disorder in men +clinical cases from participants
Y. Reisman (The Netherlands)
- 10.30 – 11.00 **Break**
- 11.00 – 13.00 Psychosexual treatment methods
H. Pastoor (The Netherlands)
- 13.00 – 14.00 **Lunch**
- 14.00 – 16.00 Management of clinical cases in psychosexual therapy including transference
H. Pastoor (The Netherlands)
- 16.00 – 16.30 **Break**
- 16.30 – 18.00 Couple therapy
H. Pastoor
- 19.00 Meeting point in the hotel lobby for dinner



Thursday 14/11
FEMALE SEXUAL DYSFUNCTIONS

- 08.30 – 10.30 Female desire and arousal disorders
A. Giraldi (Denmark)
- 10.30 – 11.00 **Break**
- 11.00 – 12.00 Female desire and arousal disorders: clinical cases
A. Giraldi (Denmark)
- 12.00 – 13.00 Female orgasmic disorder
A. Giraldi (Denmark)
- 13.00 – 14.00 **Lunch**
- 14.00 – 16.00 Role play: couple session
F. Tripodi (Italy), M. Fode (Denmark)
- 16.00 – 16.30 **Break**
- 16.30 – 18.00 Panel discussion with cases from participants
Panel: A. Giraldi (Denmark), Y. Reisman (The Netherlands), F. Tripodi (Italy)
- 19.30 Meeting point in the hotel lobby for dinner

Friday 15/11
WORKSHOPS ON SPECIFIC TOPICS

- 08.30 – 10.30 Workshops with cases (groups on a specific theme)
1. Psychological aspects of Erectile dysfunction by E. Kirana (Greece)
 2. Hypersexuality by P. Briken (Germany) & F. Tripodi (Italy)
 3. Sexual aspects in LGBT population by H. Pastoor & Y. Reisman (The Netherlands)
- 10.30 – 11.00 **Break**
- 11.00 – 13.00 Workshops with cases (groups on a specific theme)
1. Psychological aspects of Ejaculatory disorders by E. Kirana (Greece)
 2. Paraphilias by P. Briken (Germany) & F. Tripodi (Italy)
 3. Female genital surgery by L. Lowenstein (Israel)
- 13.00 – 14.00 **Lunch**
- 14.00 – 19.00 **FREE AFTERNOON**
- 19.00 Meeting point in the hotel lobby for dinner



Saturday 16/11
MALE SEXUAL DYSFUNCTIONS

- 08.30 – 10.30 Erectile dysfunction
H. Porst (Germany)
- 10.30 – 11.00 **Break**
- 11.00 – 12.00 Ejaculation and orgasm disorders
F. Giuliano (France)
- 12.00 – 13:30 Ejaculation and orgasm disorders (+ clinical questions from the participants)
F. Giuliano (France)
- 13.30 – 14.30 **Lunch**
- 14.30 – 16.00 Sensate Focus: tips and tricks. How to instruct and conduct
E. Kirana (Greece)
- 16.00 – 16.30 **Break**
- 16.30 – 18.00 Peyronie and penile disorders (including congenital curvature)
H. Porst (Germany)
- 19.30 Meeting point in the hotel lobby for dinner

Sunday 17/11
CLINICAL CASES

- 08.30 – 10.30 Panel discussion with cases from participants
Panel: L. Lowenstein (Israel), E. Kirana (Greece), H. Porst (Germany), F. Tripodi (Italy)
- 10.30 – 11.00 **Break**
- 11.00 – 12.00 Q&A session
M. Fode (Denmark), F. Tripodi (Italy)
- 12.00 – 13.00 Post-test and closing
M. Fode (Denmark), F. Tripodi (Italy)

UEMS/EACCME Accreditation:

“An application has been made to the EACCME® for CME accreditation of this event”