

SCIENTIFIC PROGRAM –ESSM School of Sexual Medicine

Friday 18/11 **INTRODUCTION DAY**

- 14.00 – 15.00 Introduction and pre-test
H. Pastoor (The Netherlands), Y. Reisman (The Netherlands), F. Tripodi (Italy)
- 15.00 – 16.30 Barriers to talking to patients: norms, assumptions and attitude
F. Tripodi (Italy)
- 16.30 – 17.00 **Break**
- 17.00 – 19.00 Introduce yourself (frontal intro of all participants)
- 19.30 Meeting point in the hotel lobby for dinner

Saturday 19/11 **SEXUAL DEVELOPMENT AND ORIENTATION**

- 08.30 – 10.30 Sexual development (biological aspects): chromosomal and hormonal variance and clinical cases discussion
G. Corona (Italy)
- 10.30 – 11.00 **Break**
- 11.00 – 13.00 Sexuality in the older population
G. Corona (Italy)
- 13.00 – 14.00 **Lunch**
- 14.00 – 16.00 Sexual orientation + clinical cases
Maria Lucia Pop (Denmark)
- 16.00 – 16.30 **Break**
- 16.30 – 18.00 Gender incongruence + clinical cases
Maria Lucia Pop (Denmark)
- 19.30 Meeting point in the hotel lobby for dinner

Sunday 20/11

SEXUAL IDENTITY AND SEXUAL RESPONSE

- 08.30 – 10.30 Workshop: compulsive sexual behaviour
P. Briken (Germany)
- 10.30 – 11.00 **Break**
- 11.00 – 13.00 Paraphilias
P. Briken (Germany)
- 13.00 – 14.00 **Lunch**
- 14.00 - 16.00 Sexual response models: differences and applications in clinical practice
F. Tripodi (Italy)
- 16.00 – 16.30 **Break**
- 16.30 – 18.00 Sexual history: tips and tricks
Y. Reisman (The Netherlands)
- 19.30 Meeting point in the hotel lobby for dinner

Monday 21/11

BRAIN, SEXUAL BEHAVIOUR AND CHRONIC CONDITIONS

- 08.30 – 10.30 Hormones, brain & sexual behavior
T. Krüger (Germany)
- 10.30 – 11.00 **Break**
- 11.00 – 13.00 The neurobiology of psychotherapy
T. Krüger (Germany)
- 13.00 – 14.00 **Lunch**
- 14.00 – 15.00 Sex and culture, rights and ethics
W. Gianotten (The Netherlands)
- 15.00 – 16.00 Sexual needs of people with physical disability: how we can help them
W. Gianotten (The Netherlands)
- 16.00 – 16.30 **Break**
- 16.30 – 18.00 The impact of cancer and chronic diseases on sexuality
W. Gianotten (The Netherlands)
- 19.30 Meeting point in the hotel lobby for dinner

Tuesday 22/11

FERTILITY AND PAIN DISORDERS

08.30 – 10.30 Roleplay: the “important questions”
Y. Reisman (The Netherlands), F. Tripodi (Italy)

10.30 – 11.00 **Break**

11.00 – 13.00 Role play: individual session
Y. Reisman (The Netherlands), F. Tripodi (Italy)

13.00 – 14.00 **Lunch**

14.00 – 16.00 Female desire and arousal disorders
A. Giraldi (Denmark)

16.00 – 16.30 **Break**

16.30 – 18.00 Female orgasmic disorders and clinical cases
A. Giraldi (Denmark)

19.30 Meeting point in the hotel lobby for dinner

Wednesday 23/11

SEXUAL THERAPY IN DIFFERENT CONTEXTS

08.30 – 10.30 Hypoactive sexual disorder in men + clinical cases from participants
Y. Reisman (The Netherlands)

10.30 – 11.00 **Break**

11.00 – 13.00 Psychosexual treatment methods
H. Pastoor (The Netherlands)

13.00 – 14.00 **Lunch**

FREE AFTERNOON

19.30 Meeting point in the hotel lobby for dinner

Thursday 24/11

FEMALE SEXUAL DYSFUNCTIONS

- 08.30 – 10.30 Management of clinical cases in psychosexual therapy, including (counter) transference
H. Pastoor (The Netherlands)
- 10.30 – 11.00 **Break**
- 11.00 – 13.00 Couple sexual therapy
H. Pastoor (The Netherlands)
- 13.00 – 14.00 **Lunch**
- 14.00 – 16.00 Contraception, infertility, pregnancy, postpartum, and abortion
J. Bitzer (Switzerland)
- 16.00 – 16.30 **Break**
- 16.30 – 18.30 Genito-pelvic pain/penetration disorders
J. Bitzer (Switzerland)
- 19.30 Meeting point in the hotel lobby for dinner

Friday 25/11

PENILE DISORDERS AND WORKSHOPS ON SPECIFIC TOPICS

- 08.30 – 10.30 Peyronie and penile disorders (including congenital curvature)
C. Bettocchi (Italy)
- 10.30 – 11.00 **Break**
- 11.00 – 13.00 Roleplay: couple session
Y. Reisman (The Netherlands), F. Tripodi (Italy)
- 13.00 – 14.00 **Lunch**
- 14.00 – 16.00 Workshops with cases (groups on a specific theme)
1. Psychological aspects of erectile dysfunction by E. Kirana (Greece)
 2. Chronic pelvic pain: clinical aspects by Y. Reisman (The Netherlands)
 3. Working with LGBT population by S. Neves (UK)
- 16.00 – 16.30 **Break**
- 16.30 – 18.30 Workshops with cases (groups on a specific theme)
1. Psychological aspects of ejaculatory disorders by E. Kirana (Greece)
 2. PCOS and sexuality by H. Pastoor (The Netherlands)
& Toys are not only for joy by Y. Reisman (The Netherlands)
 3. How to be a kink aware health care provider by S. Neves (UK)
- 19.30 Meeting point in the hotel lobby for dinner

Saturday 26/11

MALE SEXUAL DYSFUNCTIONS

- 08.30 – 10.30 Panel discussion with cases from participants
- 10.30 – 11.00 **Break**
- 11.00 – 13.00 Ejaculation and orgasm disorders (+ clinical questions from the participants)
F. Giuliano (France)
- 13.00 – 14.00 **Lunch**
- 14.00 – 16.00 Erectile dysfunction
H. Porst (Germany)
- 16.00 – 16.30 **Break**
- 16.30 – 18.00 Sensate focus: tips and tricks. How to instruct and conduct
E. Kirana (Greece)
- 19.30 Meeting point in the hotel lobby for dinner party

Sunday 27/11

CLINICAL CASES

- 08.30 – 10.30 Panel discussion with cases from participants
- 10.30 – 11.00 **Break**
- 11.00 – 12.00 Q&A session
F. Tripodi (Italy)
- 12.00 – 13.00 Post-test and closing
F. Tripodi (Italy)