

### SCIENTIFIC PROGRAM – ESSM ADVANCED COURSE

#### **Friday 18/11 INTRODUCTION DAY**

- 14.00 – 15.00 Introduction and pre-test  
H. Pastoor (The Netherlands), Y. Reisman (The Netherlands), F. Tripodi (Italy)
- 15.00 – 16.30 Assessment of sexual dysfunctions  
H. Pastoor (The Netherlands), Y. Reisman (The Netherlands)
- 16.30 – 17.00 **Break**
- 17.00 – 19.00 Introduce yourself (frontal intro of all participants)
- 19.30 Meeting point in the hotel lobby for dinner

#### **Saturday 19/11 SEXUAL DEVELOPMENT AND IDENTITY**

- 08.30 – 10.30 Gender incongruence: treatment pathway and clinical cases  
Maria Lucia Pop (Denmark)
- 10.30 – 11.00 **Break**
- 11.00 – 13.00 Interactive session: how to think on treatment steps within the biopsychosocial approach (small groups and then plenary)  
H. Pastoor (The Netherlands), Y. Reisman (The Netherlands)
- 13.00 – 14.00 **Lunch**
- 14.00 – 16.00 Hypogonadism and its treatment: principles and clinical cases  
G. Corona (Italy)
- 16.00 – 16.30 **Break**
- 16.30 – 18.00 Discussion with cases from participants  
H. Pastoor (The Netherlands), Y. Reisman (The Netherlands)
- 19.30 Meeting point in the hotel lobby for dinner

### Sunday 20/11

#### MEDICAL, SURGICAL AND PSYCHOLOGICAL TREATMENTS

08.30 – 10.30 Compulsive sexual behaviour  
P. Briken (Germany)

10.30 – 11.00 **Break**

11.00 – 13.00 Paraphilias  
P. Briken (Germany)

13.00 – 14.00 **Lunch**

14.00 – 16.00 Psychosexual therapy: treatments phases  
H. Pastoor (The Netherlands)

16.00 – 16.30 **Break**

16.30 – 18.00 Psychosexual therapy: transference/countertransference in clinical cases  
H. Pastoor (The Netherlands)

19.30 Meeting point in the hotel lobby for dinner

### Monday 21/11

#### NEUROBIOLOGY AND CHRONIC CONDITIONS

08.30 – 10.30 Cancer and sexuality: lessons from clinical cases  
Y. Reisman (The Netherlands)

10.30 – 11.00 **Break**

11.00 – 13.00 Men's sexual health including LUTS /Tips and tricks in sex therapy and sexological interventions  
H. Pastoor (The Netherlands), Y. Reisman (The Netherlands)

13.00 – 14.00 **Lunch**

14.00 – 16.00 Paraphilic disorders and their treatment  
T. Krüger (Germany)

16.00 – 16.30 **Break**

16.30 – 18.00 Supervision of 2 clinical cases from participants  
Y. Reisman (The Netherlands), F. Tripodi (Italy)

19.30 Meeting point in the hotel lobby for dinner

### Tuesday 22/11

#### COUPLE ISSUES AND SEXUAL THERAPY IN DIFFERENT CONTEXTS

- 08.30 – 10.30 Roleplay: individual session  
H. Pastoor (The Netherlands)
- 10.30 – 11.00 **Break**
- 11.00 – 12.00 PGAD  
H. Pastoor (The Netherlands)
- 12.00 – 13.00 Body dysmorphic disorder and sexuality  
H. Pastoor (The Netherlands)
- 13.00 – 14.00 **Lunch**
- 14.00 – 16.00 The role of the partner in the assessment and management of sexual dysfunctions  
F. Tripodi (Italy)
- 16.00 – 16.30 **Break**
- 16.30 – 18.00 Clinical cases on couple therapy  
F. Tripodi (Italy)
- 19.30 Meeting point in the hotel lobby for dinner

### Wednesday 23/11

#### PAIN AND INFERTILITY TREATMENTS

- 08.30 – 10.30 Complex clinical cases through an integrated approach  
A. Giraldi (Denmark)
- 10.30 – 11.00 **Break**
- 11.00 – 13.00 Working on sexuality with psychiatric patients  
A. Giraldi (Denmark)
- 13.00 – 14.00 **Lunch**
- FREE AFTERNOON**
- 19.30 Meeting point in the hotel lobby for dinner

### Thursday 24/11

#### SEXUAL DYSFUNCTIONS & UROLOGICAL SURGERY

- 08.30 – 10.30 Workshop: How to work in intervision (2 groups, 1 mentor, in each group 1 participant presents his/her clinical case)  
Y. Reisman (The Netherlands), F. Tripodi (Italy)
- 10.30 – 11.00 **Break**
- 11.00 – 13.00 POIS/PSSD/PFS  
Y. Reisman (The Netherlands)
- 13.00 – 14.00 **Lunch**
- 14.00 – 16.00 Inhibition and excitation, their role in sexual pleasure  
J. Pfaus (Czech Republic)
- 16.00 – 16.30 **Break**
- 16.30 – 18.30 Urological surgery (Peyronie, congenital, implants) and emergency (fracture, priapism) in sexual medicine  
C. Bettocchi (Italy)
- 19.30 Meeting point in the hotel lobby for dinner

### Friday 25/11

#### FEMALE SEXUAL DYSFUNCTIONS AND WORKSHOPS ON SPECIFIC TOPICS

- 08.30 – 10.30 Genito-pelvic pain/penetration disorders: management of clinical cases  
J. Bitzer (Switzerland)
- 10.30 – 11.00 **Break**
- 11.00 – 13.00 The impact of infertility on couples: management of clinical cases  
J. Bitzer (Switzerland)
- 13.00 – 14.00 **Lunch**
- 14.00 – 16.00 Workshops with cases (groups on a specific theme)
1. Psychological aspects of erectile dysfunction by E. Kirana (Greece)
  2. Chronic pelvic pain: clinical aspects by Y. Reisman (The Netherlands)
  3. Working with LGBT population by S. Neves (UK)
- 16.00 – 16.30 **Break**
- 16.30 – 18.30 Workshops with cases (groups on a specific theme)
1. Psychological aspects of ejaculatory disorders by E. Kirana (Greece)
  2. PCOS and sexuality by H. Pastoor (The Netherlands)  
& Toys are not only for joy by Y. Reisman (The Netherlands)
  3. How to be a kink aware health care provider by S. Neves (UK)
- 19.30 Meeting point in the hotel lobby for dinner

### Saturday 26/11

#### MALE SEXUAL DYSFUNCTION & GYNECOLOGICAL SURGERY

- 08.30 – 10.30 Premature ejaculation and delayed ejaculation: management of clinical cases  
F. Giuliano (France)
- 10.30 – 11.00 **Break**
- 11.00 – 13.00 Management of erectile dysfunction – difficult cases  
H. Porst (Germany)
- 13.00 – 14.00 **Lunch**
- 14.00 – 16.00 Sexual dysfunction due to gynecological surgery  
L. Lowenstein (Israel)
- 16.00 – 16.30 **Break**
- 16.30 – 18.00 Sexuality after trauma and/or abuse  
H. Pastoor (The Netherlands)
- 19.30 Meeting point in the hotel lobby for dinner party

### Sunday 27/11

#### CLINICAL CASE

- 08.30 – 09.30 Clinical cases discussion (small groups, 3 different cases)  
H. Pastoor (The Netherlands), Y. Reisman (The Netherlands)
- 09.30 – 10.30 Incontinence and sexuality  
L. Lowenstein (Israel)
- 10.30 – 11.00 **Break**
- 11.00 – 12.00 Q&A session  
H. Pastoor (The Netherlands)
- 12.00 – 13.00 Post-test and closing  
H. Pastoor (The Netherlands)