

## SCIENTIFIC PROGRAM –ESSM School of Sexual Medicine

### Friday 18/11 INTRODUCTION DAY

- 14.00 – 15.00 Introduction and pre-test  
H. Pastoor (The Netherlands), Y. Reisman (The Netherlands), F. Tripodi (Italy)
- 15.00 – 16.30 Barriers to talking to patients: norms, assumptions and attitude  
F. Tripodi (Italy)
- 16.30 – 17.00 **Break**
- 17.00 – 19.00 Introduce yourself (frontal intro of all participants)
- 19.30 Meeting point in the hotel lobby for dinner

### Saturday 19/11 SEXUAL DEVELOPMENT AND ORIENTATION

- 08.30 – 10.30 Sexual development (biological aspects): chromosomal and hormonal variance and clinical cases discussion  
G. Corona (Italy)
- 10.30 – 11.00 **Break**
- 11.00 – 13.00 Sexuality in the older population  
G. Corona (Italy)
- 13.00 – 14.00 **Lunch**
- 14.00 – 16.00 Sexual orientation + clinical cases  
Maria Lucia Pop (Denmark)
- 16.00 – 16.30 **Break**
- 16.30 – 18.00 Gender incongruence + clinical cases  
Maria Lucia Pop (Denmark)
- 19.30 Meeting point in the hotel lobby for dinner

### Sunday 20/11

#### SEXUAL IDENTITY AND SEXUAL RESPONSE

- 08.30 – 10.30 Workshop: compulsive sexual behaviour  
P. Briken (Germany)
- 10.30 – 11.00 **Break**
- 11.00 – 13.00 Paraphilias  
P. Briken (Germany)
- 13.00 – 14.00 **Lunch**
- 14.00 - 16.00 Sexual response models: differences and applications in clinical practice  
F. Tripodi (Italy)
- 16.00 – 16.30 **Break**
- 16.30 – 18.00 Sexual history: tips and tricks  
Y. Reisman (The Netherlands)
- 19.30 Meeting point in the hotel lobby for dinner

### Monday 21/11

#### BRAIN, SEXUAL BEHAVIOUR AND CHRONIC CONDITIONS

- 08.30 – 10.30 Hormones, brain & sexual behavior  
T. Krüger (Germany)
- 10.30 – 11.00 **Break**
- 11.00 – 13.00 The neurobiology of psychotherapy  
T. Krüger (Germany)
- 13.00 – 14.00 **Lunch**
- 14.00 – 15.00 Sex and culture, rights and ethics  
W. Gianotten (The Netherlands)
- 15.00 – 16.00 Sexual needs of people with physical disability: how we can help them  
W. Gianotten (The Netherlands)
- 16.00 – 16.30 **Break**
- 16.30 – 18.00 The impact of cancer and chronic diseases on sexuality  
W. Gianotten (The Netherlands)
- 19.30 Meeting point in the hotel lobby for dinner

### Tuesday 22/11

#### FERTILITY AND PAIN DISORDERS

08.30 – 10.30 Roleplay: the “important questions”  
Y. Reisman (The Netherlands), F. Tripodi (Italy)

10.30 – 11.00 **Break**

11.00 – 13.00 Role play: individual session  
Y. Reisman (The Netherlands), F. Tripodi (Italy)

13.00 – 14.00 **Lunch**

14.00 – 16.00 Female desire and arousal disorders  
A. Giraldi (Denmark)

16.00 – 16.30 **Break**

16.30 – 18.00 Female orgasmic disorders and clinical cases  
A. Giraldi (Denmark)

19.30 Meeting point in the hotel lobby for dinner

### Wednesday 23/11

#### SEXUAL THERAPY IN DIFFERENT CONTEXTS

08.30 – 10.30 Contraception, infertility, pregnancy, postpartum, and abortion  
J. Bitzer (Switzerland)

10.30 – 11.00 **Break**

11.00 – 13.00 Genito-pelvic pain/penetration disorders  
J. Bitzer (Switzerland)

13.00 – 14.00 **Lunch**

**FREE AFTERNOON**

19.30 Meeting point in the hotel lobby for dinner

### Thursday 24/11

#### FEMALE SEXUAL DYSFUNCTIONS

- 08.30 – 10.30 Management of clinical cases in psychosexual therapy, including (counter) transference  
H. Pastoor (The Netherlands)
- 10.30 – 11.00 **Break**
- 11.00 – 13.00 Couple sexual therapy  
H. Pastoor (The Netherlands)
- 13.00 – 14.00 **Lunch**
- 14.00 – 16.00 Psychosexual treatment methods  
H. Pastoor (The Netherlands)
- 16.00 – 16.30 **Break**
- 16.30 – 18.30 Hypoactive sexual disorder in men + clinical cases from participants  
Y. Reisman (The Netherlands)
- 19.30 Meeting point in the hotel lobby for dinner

### Friday 25/11

#### PENILE DISORDERS AND WORKSHOPS ON SPECIFIC TOPICS

- 08.30 – 10.30 Peyronie and penile disorders (including congenital curvature)  
C. Bettocchi (Italy)
- 10.30 – 11.00 **Break**
- 11.00 – 13.00 Roleplay: couple session  
Y. Reisman (The Netherlands), F. Tripodi (Italy)
- 13.00 – 14.00 **Lunch**
- 14.00 – 16.00 Workshops with cases (groups on a specific theme)
1. Psychological aspects of erectile dysfunction by E. Kirana (Greece)
  2. Chronic pelvic pain: clinical aspects by Y. Reisman (The Netherlands)
  3. Working with LGBT population by S. Neves (UK)
- 16.00 – 16.30 **Break**
- 16.30 – 18.30 Workshops with cases (groups on a specific theme)
1. Psychological aspects of ejaculatory disorders by E. Kirana (Greece)
  2. PCOS and sexuality by H. Pastoor (The Netherlands)  
& Toys are not only for joy by Y. Reisman (The Netherlands)
  3. How to be a kink aware health care provider by S. Neves (UK)
- 19.30 Meeting point in the hotel lobby for dinner

### Saturday 26/11

#### MALE SEXUAL DYSFUNCTIONS

- 08.30 – 10.30 Panel discussion with cases from participants
- 10.30 – 11.00 **Break**
- 11.00 – 13.00 Ejaculation and orgasm disorders (+ clinical questions from the participants)  
F. Giuliano (France)
- 13.00 – 14.00 **Lunch**
- 14.00 – 16.00 Erectile dysfunction  
H. Porst (Germany)
- 16.00 – 16.30 **Break**
- 16.30 – 18.00 Sensate focus: tips and tricks. How to instruct and conduct  
E. Kirana (Greece)
- 19.30 Meeting point in the hotel lobby for dinner

### Sunday 27/11

#### CLINICAL CASES

- 08.30 – 10.30 Panel discussion with cases from participants
- 10.30 – 11.00 **Break**
- 11.00 – 12.00 Q&A session  
F. Tripodi (Italy)
- 12.00 – 13.00 Post-test and closing  
F. Tripodi (Italy)