

SCIENTIFIC PROGRAM – ESSM ADVANCED COURSE

Friday 18/11 INTRODUCTION DAY

- 14.00 – 15.00 Introduction and pre-test
H. Pastoor (The Netherlands), Y. Reisman (The Netherlands), F. Tripodi (Italy)
- 15.00 – 16.30 Assessment of sexual dysfunctions
H. Pastoor (The Netherlands), Y. Reisman (The Netherlands)
- 16.30 – 17.00 **Break**
- 17.00 – 19.00 Introduce yourself (frontal intro of all participants)
- 19.30 Meeting point in the hotel lobby for dinner

Saturday 19/11 SEXUAL DEVELOPMENT AND IDENTITY

- 08.30 – 10.30 Gender incongruence: treatment pathway and clinical cases
Maria Lucia Pop (Denmark)
- 10.30 – 11.00 **Break**
- 11.00 – 13.00 Interactive session: how to think on treatment steps within the biopsychosocial approach (small groups and then plenary)
H. Pastoor (The Netherlands), Y. Reisman (The Netherlands)
- 13.00 – 14.00 **Lunch**
- 14.00 – 16.00 Hypogonadism and its treatment: principles and clinical cases
G. Corona (Italy)
- 16.00 – 16.30 **Break**
- 16.30 – 18.00 Discussion with cases from participants
H. Pastoor (The Netherlands), Y. Reisman (The Netherlands)
- 19.30 Meeting point in the hotel lobby for dinner

Sunday 20/11

MEDICAL, SURGICAL AND PSYCHOLOGICAL TREATMENTS

08.30 – 10.30 Compulsive sexual behaviour
P. Briken (Germany)

10.30 – 11.00 **Break**

11.00 – 13.00 Paraphilias
P. Briken (Germany)

13.00 – 14.00 **Lunch**

14.00 – 16.00 Psychosexual therapy: treatments phases
H. Pastoor (The Netherlands)

16.00 – 16.30 **Break**

16.30 – 18.00 Psychosexual therapy: transference/countertransference in clinical cases
H. Pastoor (The Netherlands)

19.30 Meeting point in the hotel lobby for dinner

Monday 21/11

NEUROBIOLOGY AND CHRONIC CONDITIONS

08.30 – 10.30 Cancer and sexuality: lessons from clinical cases
Y. Reisman (The Netherlands)

10.30 – 11.00 **Break**

11.00 – 13.00 Men's sexual health including LUTS /Tips and tricks in sex therapy and sexological interventions
H. Pastoor (The Netherlands), Y. Reisman (The Netherlands)

13.00 – 14.00 **Lunch**

14.00 – 16.00 Paraphilic disorders and their treatment
T. Krüger (Germany)

16.00 – 16.30 **Break**

16.30 – 18.00 Supervision of 2 clinical cases from participants
Y. Reisman (The Netherlands), F. Tripodi (Italy)

19.30 Meeting point in the hotel lobby for dinner

Tuesday 22/11

COUPLE ISSUES AND SEXUAL THERAPY IN DIFFERENT CONTEXTS

- 08.30 – 10.30 Roleplay: individual session
H. Pastoor (The Netherlands)
- 10.30 – 11.00 **Break**
- 11.00 – 12.00 PGAD
H. Pastoor (The Netherlands)
- 12.00 – 13.00 Body dysmorphic disorder and sexuality
H. Pastoor (The Netherlands)
- 13.00 – 14.00 **Lunch**
- 14.00 – 16.00 Genito-pelvic pain/penetration disorders: management of clinical cases
J. Bitzer (Switzerland)
- 16.00 – 16.30 **Break**
- 16.30 – 18.00 The impact of infertility on couples: management of clinical cases
J. Bitzer (Switzerland)
- 19.30 Meeting point in the hotel lobby for dinner

Wednesday 23/11

PAIN AND INFERTILITY TREATMENTS

- 08.30 – 10.30 Complex clinical cases through an integrated approach
A. Giraldi (Denmark)
- 10.30 – 11.00 **Break**
- 11.00 – 13.00 Working on sexuality with psychiatric patients
A. Giraldi (Denmark)
- 13.00 – 14.00 **Lunch**
- FREE AFTERNOON**
- 19.30 Meeting point in the hotel lobby for dinner

Thursday 24/11

SEXUAL DYSFUNCTIONS & UROLOGICAL SURGERY

- 08.30 – 10.30 Workshop: How to work in intervision (2 groups, 1 mentor, in each group 1 participant presents his/her clinical case)
Y. Reisman (The Netherlands), F. Tripodi (Italy)
- 10.30 – 11.00 **Break**
- 11.00 – 13.00 POIS/PSSD/PFS
Y. Reisman (The Netherlands)
- 13.00 – 14.00 **Lunch**
- 14.00 – 16.00 Inhibition and excitation, their role in sexual pleasure
J. Pfaus (Czech Republic)
- 16.00 – 16.30 **Break**
- 16.30 – 18.30 Urological surgery (Peyronie, congenital, implants) and emergency (fracture, priapism) in sexual medicine
C. Bettocchi (Italy)
- 19.30 Meeting point in the hotel lobby for dinner

Friday 25/11

FEMALE SEXUAL DYSFUNCTIONS AND WORKSHOPS ON SPECIFIC TOPICS

- 08.30 – 10.30 The role of the partner in the assessment and management of sexual dysfunctions
F. Tripodi (Italy)
- 10.30 – 11.00 **Break**
- 11.00 – 13.00 Clinical cases on couple therapy
H. Pastoor (The Netherlands)
- 13.00 – 14.00 **Lunch**
- 14.00 – 16.00 Workshops with cases (groups on a specific theme)
1. Psychological aspects of erectile dysfunction by E. Kirana (Greece)
 2. Chronic pelvic pain: clinical aspects by Y. Reisman (The Netherlands)
 3. Working with LGBT population by S. Neves (UK)
- 16.00 – 16.30 **Break**
- 16.30 – 18.30 Workshops with cases (groups on a specific theme)
1. Psychological aspects of ejaculatory disorders by E. Kirana (Greece)
 2. PCOS and sexuality by H. Pastoor (The Netherlands)
& Toys are not only for joy by Y. Reisman (The Netherlands)
 3. How to be a kink aware health care provider by S. Neves (UK)
- 19.30 Meeting point in the hotel lobby for dinner

Saturday 26/11

MALE SEXUAL DYSFUNCTION & GYNECOLOGICAL SURGERY

- 08.30 – 10.30 Premature ejaculation and delayed ejaculation: management of clinical cases
F. Giuliano (France)
- 10.30 – 11.00 **Break**
- 11.00 – 13.00 Management of erectile dysfunction – difficult cases
H. Porst (Germany)
- 13.00 – 14.00 **Lunch**
- 14.00 – 16.00 Sexual dysfunction due to gynecological surgery
L. Lowenstein (Israel)
- 16.00 – 16.30 **Break**
- 16.30 – 18.00 Sexuality after trauma and/or abuse
H. Pastoor (The Netherlands)
- 19.30 Meeting point in the hotel lobby for dinner

Sunday 27/11

CLINICAL CASE

- 08.30 – 09.30 Clinical cases discussion (small groups, 3 different cases)
H. Pastoor (The Netherlands), Y. Reisman (The Netherlands)
- 09.30 – 10.30 Incontinence and sexuality
L. Lowenstein (Israel)
- 10.30 – 11.00 **Break**
- 11.00 – 12.00 Q&A session
H. Pastoor (The Netherlands)
- 12.00 – 13.00 Post-test and closing
H. Pastoor (The Netherlands)