

### **SCIENTIFIC PROGRAM – ESSM ADVANCED COURSE**

#### **Friday 24/11 INTRODUCTION DAY**

- 14.00 – 15.00 Introduction and pre-test  
H. Pastoor (The Netherlands), Y. Reisman (The Netherlands), F. Tripodi (Italy)
- 15.00 – 16.30 Assessment of sexual dysfunctions  
H. Pastoor (The Netherlands), Y. Reisman (The Netherlands)
- 16.30 – 17.00 **Break**
- 17.00 – 19.00 Introduce yourself (frontal intro of all participants)

#### **Saturday 25/11 SEXUAL DEVELOPMENT AND IDENTITY**

- 08.30 – 10.30 Interactive session: how to think on treatment steps within the biopsychosocial approach  
(small groups and then plenary)  
H. Pastoor (The Netherlands), Y. Reisman (The Netherlands)
- 10.30 – 11.00 **Break**
- 11.00 – 13.00 Gender incongruence: treatment pathway and clinical cases  
Maria Lucia Pop (Denmark)
- 13.00 – 14.00 **Lunch**
- 14.00 – 16.00 Hypogonadism and its treatment: principles and clinical cases  
G. Corona (Italy)
- 16.00 – 16.30 **Break**
- 16.30 – 18.00 Discussion with cases from participants  
H. Pastoor (The Netherlands), Y. Reisman (The Netherlands)

### Sunday 26/11

#### MEDICAL, SURGICAL AND PSYCHOLOGICAL TREATMENTS

- 08.30 – 10.30 Psychosexual therapy; treatment phases  
H. Pastoor (The Netherlands)
- 10.30 – 11.00 **Break**
- 11.00 – 13.00 Psychosexual therapy: transference/countertransference in clinical cases P.  
H. Pastoor (The Netherlands)
- 13.00 – 14.00 **Lunch**
- 14:00 – 16:00 Cancer and sexuality: lessons from clinical cases  
Y. Reisman (The Netherlands)
- 16.00 – 16.30 **Break**
- 16.30 – 18.00 Men's Sexual Health including LUTS /Tips and tricks in sex therapy and sexological interventions  
Y. Reisman (The Netherlands), H. Pastoor (The Netherlands)

### Monday 27/11

#### NEUROBIOLOGY AND CHRONIC CONDITIONS

- 08.30 – 10.30 Sexuality after trauma and/or abuse  
H. Pastoor (The Netherlands)
- 10.30 – 11.00 **Break**
- 11.00 – 13.00 Paraphilia (pedophilia and pedophilic disorder)  
M. Lew-Starowicz (Poland)
- 13.00 – 14.00 **Lunch**
- 14.00 – 16.00 Compulsive sexual behavior - Clinical Cases  
M. Lew-Starowicz (Poland)
- 16.00 – 16.30 **Break**
- 16.30 – 18.00 Working on sexuality with psychiatric patients  
A. Giraldi (Denmark)



### Tuesday 28/11

#### COUPLE ISSUES AND SEXUAL THERAPY IN DIFFERENT CONTEXTS

- 08.30 – 10.30 Complex clinical cases through an integrated approach  
A. Giraldi (Denmark)
- 10.30 – 11.00 **Break**
- 11.00 – 12.00 PGAD  
H. Pastoor (The Netherlands)
- 12.00 – 13.00 Body dysmorphic disorder and sexuality  
H. Pastoor (The Netherlands)
- 13.00 – 14.00 **Lunch**
- 14.00 – 16.00 Genito-pelvic pain/penetration disorders: management of clinical cases  
A. Padoa (Israel)
- 16.00 – 16.30 **Break**
- 16.30 – 18.00 The impact of infertility on couples: management of clinical cases  
A. Padoa (Israel)

### Wednesday 29/11

#### PAIN AND INFERTILITY TREATMENTS

- 08.30 – 10.30 Supervision of 2 clinical cases from participants  
H. Pastoor (The Netherlands), F. Tripodi (Italy)
- 10.30 – 11.00 **Break**
- 11.00 – 13.00 The role of the partner in the assessment and management of sexual dysfunctions  
F. Tripodi (Italy)
- 13.00 – 14.00 **Lunch**

**FREE AFTERNOON**

### Thursday 30/11

#### SEXUAL DYSFUNCTIONS & UROLOGICAL SURGERY

- 08.30 – 10.30 Workshop: How to work in intervision (2 groups, 1 mentor, in each group 1 participant presents his/her clinical case)  
Y. Reisman (The Netherlands), F. Tripodi (Italy)
- 10.30 – 11.00 **Break**
- 11.00 – 13.00 POIS/PSSD/PFS  
Y. Reisman (The Netherlands)
- 13.00 – 14.00 **Lunch**
- 14.00 – 16.00 Inhibition and excitation, their role in sexual pleasure  
J. Pfaus (Czech Republic)
- 16.00 – 16.30 **Break**
- 16.30 – 18.30 Urological surgery (Peyronie, congenital, implants) and emergency (fracture, priapism) in sexual medicine/Gynecological surgery and sexual function  
D. Osmonov (Germany), L. Lowenstein (Israel)

### Friday 1/12

#### FEMALE SEXUAL DYSFUNCTIONS AND WORKSHOPS ON SPECIFIC TOPICS

- 08.30 – 10.30 Clinical cases on couple therapy  
F. Tripodi (Italy)
- 10.30 – 11.00 **Break**
- 11.00 – 13.00 Orgasm  
J. Pfaus (Czech Republic)
- 13.00 – 14.00 **Lunch**
- 14.00 – 16.00 Workshops with cases (groups on a specific theme)
1. Psychological aspects of erectile dysfunction by E. Kirana (Greece)
  2. Chronic pelvic pain: clinical aspects by Y. Reisman (The Netherlands)
  3. Working with LGBT population by S. Neves (UK)
- 16.00 – 16.30 **Break**
- 16.30 – 18.30 Workshops with cases (groups on a specific theme)
1. Psychological aspects of ejaculatory disorders by E. Kirana (Greece)
  2. PCOS and sexuality by H. Pastoor (The Netherlands)  
& Toys are not only for joy by Y. Reisman (The Netherlands)
  3. How to be a kink aware health care provider by S. Neves (UK)



### Saturday 2/12

#### MALE SEXUAL DYSFUNCTION & GYNECOLOGICAL SURGERY

- 08.30 – 10.30 Premature ejaculation and delayed ejaculation: management of clinical cases  
F. Giuliano (France)
- 10.30 – 11.00 **Break**
- 11.00 – 13.00 The diverse landscape of relationships  
S. Neves (UK)
- 13.00 – 14.00 **Lunch**
- 14.00 – 16.00 SAR  
H. Pastoor (The Netherlands), Y. Reisman (The Netherlands), F. Tripodi
- 16.00 – 16.30 **Break**
- 16.30 – 18.00 Management of erectile dysfunction – difficult cases  
M. Fode (Denmark)

### Sunday 3/12 CLINICAL CASE

- 09.00 – 10.30 Clinical cases discussion  
H. Pastoor (The Netherlands), Y. Reisman (The Netherlands)
- 10.30 – 11.00 **Break**
- 11.00 – 12.00 Post-test and closing  
H. Pastoor (The Netherlands)