SCIENTIFIC PROGRAM – ESSM School of Sexual Medicine

Friday 15/11
INTRODUCTION DAY

14.00 – 15.00 Introduction and pre-test
H. Pastoor (The Netherlands), Y. Reisman (The Netherlands), F. Tripodi (Italy)

15.00 – 16.30 Barriers to talking to patients: norms, assumptions and attitude
F. Tripodi (Italy)

16.30 – 17.00 Break

17.00 – 19.00 Introduce yourself (frontal intro of all participants)

Saturday 16/11
SEXUAL DEVELOPMENT AND GENDER

08.30 – 10.30 Sexual development (biological aspects): chromosomal and hormonal variance and clinical cases discussion
G. Corona (Italy)

10.30 – 11.00 Break

11.00 – 13.00 Sexual development (psychological aspect)
F. Tripodi (Italy)

13.00 – 14.00 Lunch

14.00 – 16.00 Sexuality in the older population
G. Corona (Italy)

16.00 – 16.30 Break

16.30 – 18.30 Gender incongruence + Clinical cases
M. L. Pop (Denmark)
**Sunday 17/11**

**SEXUAL ORIENTATION AND SEXUAL RESPONSE**

08.30 – 10.30  Sexual orientation + clinical cases  
M. L. Pop (Denmark)

10.30 – 11.00  **Break**

11.00 – 13.00  Sexual response models: differences and applications in clinical practice  
F. Tripodi (Italy)

13.00 – 14.00  **Lunch**

14.00 - 16.00  Sexual history: tips and tricks + 2 Clinical case discussion from participants  
Y. Reisman (The Netherlands)

16.00 – 16.30  **Break**

16.30 – 18.30  Cases from participants  
H. Pastoor, Y. Reisman, F. Tripodi

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**Monday 18/11**

**BRAIN, SEXUAL BEHAVIOUR AND FSD**

08.30 – 10.30  Hormones, Brain & Sexual Behavior + clinical case discussion  
T. Krueger (Germany)

10.30 – 11.00  **Break**

11.00 – 12.30  Paraphilias + role play  
T. Krueger (Germany)

12.30 – 13.30  **Lunch**

13.30 – 15.00  Compulsive Sexual Behaviour + role play  
T. Krueger (Germany)

15.00 – 15.30  **Break**

15.30 – 17.30  Female desire and arousal disorders  
A. Giraldi (Denmark)
Tuesday 19/11
FSD and PSYCHOSEXUAL TREATMENT

08.30 – 10.30  Female orgasmic disorders + clinical case discussion
               A. Giraldi (Denmark)

10.30 – 11.00  Break

11.00 – 13.00  Roleplay: the important questions
               Y. Reisman (The Netherlands), F. Tripodi (Italy)

13.00 – 14.00  Lunch

14.00 – 16.00  Psychosexual treatment methods
               H. Pastoor (The Netherlands)

16.00 – 16.30  Break

16.30 – 18.30  Management of clinical cases in psychosexual therapy, incl. (counter) transference
               H. Pastoor (The Netherlands)

Wednesday 20/11
SEXUALITY AND CHRONIC CONDITIONS

08.30 – 10.30  The impact of cancer and chronic diseases on Sexuality
               Y. Reisman (The Netherlands)

10.30 – 11.00  Break

11.00 – 12.00  Sexual needs of people with physical disability: how we can help them
               Y. Reisman (The Netherlands)

12.00 – 13.00  Sex and culture, rights and ethics
               H. Pastoor (The Netherlands)

13.00 – 14.00  Lunch

FREE AFTERNOON
Thursday 21/11
FEMALE SEXUAL DYSFUNCTIONS

08.30 – 10.30 Couple sexual therapy
H. Pastoor (The Netherlands)

10.30 – 11.00 Break

11.00 – 13.00 Role play: individual session
Y. Reisman (The Netherlands), F. Tripodi (Italy)

13.00 – 14.00 Lunch

14.00 – 16.00 Hypoactive sexual disorder in men + clinical cases from participants
Y. Reisman (The Netherlands)

16.00 – 16.30 Break

16.30 – 18.30 Workshop: Psychological aspects of male sexual dysfunction
E. Kirana (Greece)

Friday 22/11
PELVIC FLOOR AND GYENCOLOGY and SENSATE FOCUS

08.30 – 10.30 Roleplay: couple session
Y. Reisman (The Netherlands), F. Tripodi (Italy)

10.30 – 11.00 Break

11.00 – 13.00 Sensate focus practical aspects
E. Kirana (Greece)

13.00 – 14.00 Lunch

14.00 – 16.00 Pelvic floor, Genito-pelvic pain/penetration disorders
A. Padoa (Israel)

16.00 – 16.30 Break

16.30 – 18.30 Contraception, infertility, pregnancy, postpartum, and abortion
A. Padoa (Israel)
Saturday 23/11
MALE SEXUAL DYSFUNCTIONS and LGBTQ+

08.30 – 10.30 Parallel session: Peyronie and penile disorders (including congenital curvature, phimosis, priapism) + Gyn intervention and sexuality
M. Fode (Denmark), A. Padoa (Israel)

10.30 – 11.00 Break

11.00 – 13.00 Erectile dysfunction
M. Fode (Denmark)

13.00 – 14.00 Lunch

14.00 – 16.00 Ejaculation and orgasm disorders + clinical case discussion
M. Fode (Denmark)

16.00 – 16.30 Break

16.30 – 18.30 Workshop: How to work with LGBTQ+ population
S. Neves (UK)

Sunday 24/11
CLINICAL CASES

08.30 – 10.30 Workshop: How to be a kink aware health care provider
S. Neves (UK)

10.30 – 11.00 Break

11.00 – 12.00 Panel discussion with cases from participants
H. Pastoor (The Netherlands), Y. Reisman (The Netherlands), F. Tripodi (Italy)

12.00 – 13.00 Post-test and closing
H. Pastoor (The Netherlands), Y. Reisman (The Netherlands), F. Tripodi (Italy)