SCIENTIFIC PROGRAM – ESSM School of Sexual Medicine

Friday 8/11
INTRODUCTION DAY

14.00 – 15.00 Introduction and pre-test
M. Fode (Denmark), F. Tripodi (Italy)

15.00 – 16.30 Norm and Attitude - Learn to talk and look to your own norms
F. Tripodi (Italy)

16.30 – 17.00 Break

17.00 – 19.00 Introduce yourself
Frontal intro of all participants

19.30 Meeting point in the hotel lobby for dinner

Saturday 9/11
SEXUAL DEVELOPMENT AND ORIENTATION

08.30 – 10.30 Sexual development: childhood and adolescence
F. Tripodi (Italy)

10.30 – 11.00 Break

11.00 – 13.00 Sexual development: biological aspects through clinical cases
G. Corona (Italy)

13.00 – 14.00 Lunch

14.00 – 16.00 Sexuality in older population + check your competence
G. Corona (Italy)

16.00 – 16.30 Break

16.30 – 18.00 Sexual orientation
J. Dean (UK)

19.30 Meeting point in the hotel lobby for dinner
Sunday 10/11
SEXUAL IDENTITY AND SEXUAL RESPONSE

08.30 – 10.30  Gender dysphoria (+ clinical case)
               J. Dean (UK)

10.30 – 11.00  Break

11.00 – 13.00  Sexual response models: differences and applications in clinical practice
               F. Tripodi (Italy)

13.00 – 14.00  Lunch

14.00 - 16.00  Sexual history: tips and tricks + practical exercise
               Y. Reisman (Netherlands)

16.00 – 16.30  Break

16.30 – 18.00  Role play: the “important questions”
               M. Fode (Denmark), F. Tripodi (Italy)

19.30  Meeting point in the hotel lobby for dinner

Monday 11/11
BRAIN, SEXUAL BEHAVIOUR AND CHRONIC CONDITIONS

08.30 – 10.30  Hormones, Brain & Sexual Behavior
               T. Krüger (Germany)

10.30 – 11.00  Break

11.00 – 13.00  The Neurobiology of Psychotherapy (specifically on paraphilia treatments)
               T. Krüger (Germany)

13.00 – 14.00  Lunch

14.00 – 15.00  Sex and culture, rights and ethics
               W. Gianotten (The Netherlands)

15.00 – 16.00  Sexual needs of people with physical disability: how we can help them
               W. Gianotten (The Netherlands)

16.00 – 16.30  Break

16.30 – 18.00  The impact of cancer and chronic diseases on sexuality
               W. Gianotten (The Netherlands)

19.30  Meeting point in the hotel lobby for dinner
Tuesday 12/11
FERTILITY AND PAIN DISORDERS

08.30 – 10.30 Chronic Pelvic Pain clinical aspects
Y. Reisman (The Netherlands)

10.30 – 11.00 Break

11.00 – 13.00 Role play: individual session
M. Fode (Denmark), F. Tripodi (Italy)

13.00 – 14.00 Lunch

14.00 – 16.00 Contraception, Infertility, Pregnancy, Postpartum and abortion
J. Bitzer (Switzerland)

16.00 – 16.30 Break

16.30 – 18.00 Genito-pelvic pain/penetration disorders
J. Bitzer (Switzerland)

19.30 Meeting point in the hotel lobby for dinner

Wednesday 13/11
SEXUAL THERAPY IN DIFFERENT CONTEXTS

08.30 – 10.30 Hypoactive sexual disorder in men +clinical cases from participants
Y. Reisman (The Netherlands)

10.30 – 11.00 Break

11.00 – 13.00 Psychosexual treatment methods
H. Pastoor (The Netherlands)

13.00 – 14.00 Lunch

14.00 – 16.00 Management of clinical cases in psychosexual therapy including transference
H. Pastoor (The Netherlands)

16.00 – 16.30 Break

16.30 – 18.00 Couple therapy
H. Pastoor

19.00 Meeting point in the hotel lobby for dinner
Thursday 14/11
FEMALE SEXUAL DYSFUNCTIONS

08.30 – 10.30  Female desire and arousal disorders
   A. Giraldi (Denmark)

10.30 – 11.00  **Break**

11.00 – 12.00  Female desire and arousal disorders: clinical cases
   A. Giraldi (Denmark)

12.00 – 13.00  Female orgasmic disorder
   A. Giraldi (Denmark)

13.00 – 14.00  **Lunch**

14.00 – 16.00  Role play: couple session
   F. Tripodi (Italy), M. Fode (Denmark)

16.00 – 16.30  **Break**

16.30 – 18.00  Panel discussion with cases from participants
   Panel: A. Giraldi (Denmark), Y. Reisman (The Netherlands), F. Tripodi (Italy)

19.30  Meeting point in the hotel lobby for dinner

Friday 15/11
WORKSHOPS ON SPECIFIC TOPICS

08.30 – 10.30  Workshops with cases (groups on a specific theme)
   1. Psychological aspects of Erectile dysfunction by E. Kirana (Greece)
   2. Hypersexuality by P. Briken (Germany) & F. Tripodi (Italy)
   3. Sexual aspects in LGBT population by H. Pastoor & Y. Reisman (The Netherlands)

10.30 – 11.00  **Break**

11.00 – 13.00  Workshops with cases (groups on a specific theme)
   1. Psychological aspects of Ejaculatory disorders by E. Kirana (Greece)
   2. Paraphilias by P. Briken (Germany) & F. Tripodi (Italy)
   3. Female genital surgery by L. Lowenstein (Israel)

13.00 – 14.00  **Lunch**

14.00 – 19.00  **FREE AFTERNOON**

19.00  Meeting point in the hotel lobby for dinner
Saturday 16/11
MALE SEXUAL DYSFUNCTIONS

08.30 – 10.30  Erectile dysfunction
               H. Porst (Germany)

10.30 – 11.00  Break

11.00 – 12.00  Ejaculation and orgasm disorders
               F. Giuliano (France)

12.00 – 13:30  Ejaculation and orgasm disorders (+ clinical questions from the participants)
               F. Giuliano (France)

13.30 – 14.30  Lunch

14.30 – 16.00  Sensate Focus: tips and tricks. How to instruct and conduct
               E. Kirana (Greece)

16.00 – 16.30  Break

16.30 – 18.00  Peyronie and penile disorders (including congenital curvature)
               H. Porst (Germany)

19.30  Meeting point in the hotel lobby for dinner

Sunday 17/11
CLINICAL CASES

08.30 – 10.30  Panel discussion with cases from participants
               Panel: L. Lowenstein (Israel), E. Kirana (Greece), H. Porst (Germany), F. Tripodi (Italy)

10.30 – 11.00  Break

11.00 – 12.00  Q&A session
               M. Fode (Denmark), F. Tripodi (Italy)

12.00 – 13.00  Post-test and closing
               M. Fode (Denmark), F. Tripodi (Italy)

UEMS/EACCME Accreditation:

"The ESSM School of Sexual Medicine, Budapest, Hungary, 08/11/2019-17/11/2019 has been accredited by the European Accreditation Council for Continuing Medical Education (EACCME®) with 57 European CME credits (ECMEC®s). Each medical specialist should claim only those hours of credit that he/she actually spent in the educational activity."  "Through an agreement between the Union Européenne des Médecins Spécialistes and the American Medical Association, physicians may convert EACCME® credits to an equivalent number of AMA PRA Category 1 Credits™. Information on the process to convert EACCME® credit to AMA credit can be found at www.ama-assn.org/education/earn-credit-participation-international-activities.

"Live educational activities, occurring outside of Canada, recognised by the UEMS-EACCME® for ECMEC®s are deemed to be Accredited Group Learning Activities (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada."

EACCME® credits
Each participant can only receive the number of credits he/she is entitled to according to his/her actual participation at the event once he/she has completed the feedback form. Cf. criteria 9 and 23 of UEMS 2016.20