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ESSM 2019 APP CONGRESS MOBILE®

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The ESSM 2019 is powered by GLOBIT GmbH in cooperation with esanum GmbH.

The App is completely free and provides iPhone/iPad and Android users with on-the-go access to the schedule.

CME ACCREDITATION

The 21st Congress of the European Society for Sexual Medicine (ESSM) in Ljubljana, Slovenia, 14 – 16 February 2019 has been granted 24 European CME credits (ECMEC) by the European Accreditation Council for Continuing Medical Education (EACCME).
Welcome Address

Dear ESSM members, Congress participants, Colleagues and Friends,

On behalf of the European Society for Sexual Medicine (ESSM) and the Society for Sexual Medicine of Slovenia (SSMS) it is a great pleasure for us to welcome you all to the 21st Congress of the ESSM in Ljubljana.

Ljubljana is the beautiful capital of Slovenia and sometimes called 'little Prague'. You can enjoy the authenticity of the old town with its many squares and monuments and the small scale of the center, where all major attractions are within easy reach.

The local organizing committee have made great effort to welcome you with warm hospitality. They have provided an outstanding support to the organization of the meeting.

ESSM is now the largest branch of ISSM and the European contributions to the field of Sexual Medicine are unanimously recognized. We are sure that you will enjoy the scientific program that is encompassing all the hottest topics in sexual medicine. The congress aims to deliver optimal scientific and educational content and to promote the field of Sexual Medicine. The program will cover topics regarding all sexes and all sexual orientations as well as state-of-the-art educational opportunities. The most recent innovative research will be highlighted. To achieve this and to build bridges between generations, the faculty will include both renowned experts and up-coming stars in our field. Furthermore, it’s the first time that ESSM statements on clinical issues, to help you in your clinical work, will be presented. We wish to create more networking opportunities especially for young researchers and health care providers with an interest in Sexual Medicine and the Young Sexual Medicine Academy session is organized already on the first day, so join us there as well.

Do not miss the opportunity to visit the ESSM booth during the congress. Your opinion on the content of the congress and your expectations from the ESSM are important to us. But it is also a possibility to learn about the new educational activities and to support our joint petitions with MJCSM and EFS to the European Community.

The exhibition area will have numerous booths of the companies which have supported ESSM and we invite you all to spend your free time during breaks among sessions to visit them and learn more about their products.

We also want to take the opportunity to invite you to the opening ceremony followed by a get-together at the congress venue to socialize with your colleagues and friends. As 14th of February is Valentine’s Day and is the first international Sexual Medicine congress in Ljubljana, we use this opportunity to invite you to a large public Sexual Health Awareness Event with musical concert that will take place after the opening reception.

This is also our opportunity to thank all of you for being part of this event and supporters of ESSM.

We wish you wonderful days with the ESSM family and enjoy the congress. Let’s make it another memorable ESSM event.

Yacov (Cobi) Reisman  
ESSM President

Dejan Bratus  
Local Chair
# ESSM History

## ESSM President

<table>
<thead>
<tr>
<th>Year</th>
<th>President</th>
<th>Venue</th>
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<tbody>
<tr>
<td>1995–1997</td>
<td>Gorm Wagner, Denmark</td>
<td>Porto Carras, Greece</td>
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<tr>
<td>1997–1999</td>
<td>Inigo Saenz de Tejada, Spain</td>
<td>Madrid, Spain</td>
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<tr>
<td>1999–2001</td>
<td>John Pryor, United Kingdom</td>
<td>Barcelona, Spain</td>
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<td>2001–2004</td>
<td>Dimitris Hatzichristou, Greece</td>
<td>Rome, Italy</td>
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<tr>
<td>2004–2007</td>
<td>Francesco Montorsi, Italy</td>
<td>Hamburg, Germany</td>
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<tr>
<td>2007–2010</td>
<td>Ian Eardley, United Kingdom</td>
<td>Istanbul, Turkey</td>
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<td>David Ralph, United Kingdom</td>
<td>London, United Kingdom</td>
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<td>2014–2016</td>
<td>François Giuliano, France</td>
<td>Lisbon, Portugal</td>
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<tr>
<td>2016–2018</td>
<td>François Giuliano, France</td>
<td>Amsterdam, The Netherlands</td>
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<tr>
<td>2018–2020</td>
<td>Yacov Reisman, The Netherlands</td>
<td>Copenhagen, Denmark</td>
</tr>
</tbody>
</table>

## ESSM Congresses, Venues and Chairmen

- **1995**: Porto Carras, Greece; Dimitris Hatzichristou, Greece
- **1997**: Madrid, Spain; Inigo Saenz de Tejada, Spain
- **2000**: Barcelona, Spain; Halim Hattat, Turkey
- **2001**: Rome, Italy; Francesco Montorsi, Italy
- **2002**: Hamburg, Germany; Hartmut Porst, Germany
- **2003**: Istanbul, Turkey; Emre Akkus, Turkey
- **2004**: London, United Kingdom; David Ralph, United Kingdom
- **2005**: Copenhagen, Denmark; Petter Hedlund, Sweden
- **2006**: Vienna, Austria; Siegfried Meryn, Austria
- **2007**: Lisbon, Portugal; Nuno Monteiro Pereira, Portugal
- **2008**: Brussels, Belgium; Joint Congress of ISSM/ESSM; Eric Wespes, Belgium (ISSM); Claude Schulman, Belgium (ESSM)
- **2009**: Lyon, France; Béatrice Cuzin, France; François Giuliano, France
- **2010**: Malaga, Spain; Antonio Martin Morales, Spain
- **2011**: Milan, Italy; Andrea Salonia, Italy
- **2012**: Amsterdam, The Netherlands; Luca Incrocci, The Netherlands
- **2014**: Istanbul, Turkey; Ates Kadioglu, Turkey
- **2015**: Copenhagen, Denmark; Mikkel Fode, Denmark; Jens Sønksen, Denmark
- **2016**: Madrid, Spain; Juan Ignacio Martinez-Salamanca, Spain; Ignacio Moncada Irbarren, Spain
- **2017**: Nice, France; Daniel Chevallier, France; Antoine Faix, France
- **2018**: Lisbon, Portugal; Joint Congress of ISSM / ESSM; Augusto José Pepe Cardoso, Portugal; Pedro Vendeira, Portugal
- **2019**: Ljubljana, Slovenia; Dejan Bratus, Slovenia
ESSM Committees

ESSM EXECUTIVE COMMITTEE

ESSM Officers
President  Yacov Reisman, The Netherlands
Past President  François Giuliano, France
Secretary General  Juan Ignacio Martínez-Salamanca, Spain
Treasurer  Lior Lowenstein, Israel

Chairman of the Scientific Committee  Giovanni Corona, Italy
Chairman of the Educational Committee  Mikkel Fode, Denmark
Advisory Board
Representatives of the National Affiliated Societies (NAS):
Members  Emre Akkus, Turkey, Paolo Verze, SIA representative, Italy

Ex officio Members
Editor of the ESSM newsletter  Ferdinando Fusco, Italy
Editors of the ESSM Website  Ege Can Serefoglu, Turkey, Arik Shechter, Israel

ESSM EXECUTIVE COMMITTEE

Male and female genito-urinary reconstructive surgery
Chair  Daniar Osmonov, Germany
Members  Andreas Banowsky, Germany, Andrew N. Christopher, United Kingdom, Karen Czeloth, Denmark, Marco Falcone, Italy, Sam Ward, Belgium, Gideon Blecher, United Kingdom, Emad Matanis, Israel, Roland Dahlem, Germany

Male sexual health and dysfunction
Chair  Paolo Capogrosso, Italy
Members  Amr Abdel Raheem, United Kingdom, Andres Ullmann Frey, Denmark, Christian S. Fuglesang Jensen, Denmark, Giorgio Ivan Russo, Italy, Giulia Rastrelli, Italy, Jose Torremade, Spain

Female sexual health and dysfunction
Chair  Linda Vignozzi, Italy
Members  Stephanie Both, The Netherlands, Stephanie Cacioppo, Switzerland, Michal Lew-Starowicz, Poland, Mijal Luria, Israel, Gideon Sartorius, Switzerland, Francesca Tripodi, Italy

Transgender sexual health and dysfunction
Chair  Guy T’Sjoen, Belgium
Members  Jon Arcelus, United Kingdom, Alessandra D. Fisher, Italy, Joz Motmans, Belgium, Timo O. Nieder, Germany, Mijke Ozer, The Netherlands, Annelou de Vries, The Netherlands

Sexology
Chair  Marieke Dewitte, The Netherlands
Members  Joana Carvalho, Portugal, Erika Limoncin, Italy, Ida Flink, Sweden, Patricia Pascoal, Portugal, Aleksander Stulhofer, Croatia, Jacques Van Lankveld, The Netherlands

ESSM SCIENTIFIC COMMITTEES

Basic and translational science
Chair  Fabio Castiglione, United Kingdom
Members  Delphine Behr-Roussel, France, Carla Costa, Portugal, Marcus Ig, United Kingdom, Elisa Maseroi, Italy, Emmanuel Weyne, Belgium
ESSM Committees

New Developments Section
Chair: Javier Romero Otero, Spain
Members: Antonio Aversa, Italy
         Borja Garcia, Spain
         Roy Lauterbach, Israel
         Arie Parnham, United Kingdom
         Ege Can Serefoglu, Turkey
         Marta Skrodzka, Poland

New technologies and sexual function
Chair: Paraskevi-Sofia Kirana, Greece
Members: Andrea Burri, Germany
         Ahmet Gudeloglu, Turkey
         Andrea Sansone, Italy
         Nuno Tomada, Portugal

ESSM GRANTS COMMITTEE
Chair: Javier Angulo Frutos, Spain

ESSM EDUCATIONAL COMMITTEE
Chair: Mikkel Fode, Denmark
Members: Charmaine Borg, The Netherlands
         Andrea Burri, Germany
         Omer Onur Cakir, Turkey
         Adrian Costin Calomfirescu, Romania
         Natalio Cruz, Spain
         Alessandra D. Fisher, Italy
         Giulio Garaffa, United Kingdom
         Ilian Gruenwald, Israel
         Paraskevi-Sofia Kirana, Greece
         Timo O. Nieder, Germany
         Hartmut Porst, Germany
         Gideon Sartorius, Switzerland
         Gabrijela Simetinger, Slovenia
         Francesca Tripodi, Italy
         Carla Veiga Rodrigues, Portugal
         Michael Zitzmann, Germany

ESSM LOCAL ORGANIZING COMMITTEE
Chair: Dejan Bratus
Members: Irena Rahne Otorepec
         Simona Repar Bornsek
         Gabrijela Simetinger
         Bojan Strus
         David Vodusek

SSMS EXECUTIVE COMMITTEE
President: Dejan Bratus
Members: Gregor Hlebic, Igor Bizjak

CME ACCREDITATION
The 21st Congress of the European Society for Sexual Medicine, Ljubljana, Slovenia, 14 – 16 February 2019 has been accredited by the European Accreditation Council for Continuing Medical Education (EACCME®) with 24 European CME credits (ECMEC®s). Each medical specialist should claim only those hours of credit that he/she actually spent in the educational activity.

Through an agreement between the Union Européenne des Médecins Spécialistes and the American Medical Association, physicians may convert EACCME® credits to an equivalent number of AMA PRA Category 1 Credits™. Information on the process to convert EACCME® credit to AMA credit can be found at www.ama-assn.org/education/earn-credit-participation-international-activities.

Live educational activities, occurring outside of Canada, recognised by the UEMS-EACCME® for ECMEC®s are deemed to be Accredited Group Learning Activities (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada.

EACCME® credits
Each participant can only receive the number of credits he/she is entitled to according to his/her actual participation at the event once he/she has completed the feedback form.

Breakdown of ECMEC®s per day:
14 February 2019 ➞ 8,00
15 February 2019 ➞ 8,00
16 February 2019 ➞ 8,00
ESSM Prizes and Awards

MEETING AWARDS
The best presentations will be awarded by ESSM’s Scientific Committee.

1. Prize for the best presentation on psychosexual, gender and sexology
2. Prize for the best presentation on FSD (clinical)
3. Prize for the best presentation on basic and translational research
4. Prize for the best presentation on MSD (clinical)
5. Prize for best surgical video

Please note that the author of the presentation must be present during the congress in Ljubljana.

THE ESSM PRESTIGE AWARDS
The Executive Committee of ESSM decided to establish two awards to be presented during the annual meetings of the Society:

The ESSM Career Award
This award will be presented to a senior scientist who has made an outstanding contribution in the field. The award winner will be decided by the Executive and Scientific Committees. The award will be presented during the opening ceremony.

The ESSM Award of Excellence
This award is presented annually to a physician or scientist under 40 years of age (either in basic sciences or clinical practice) who has made recent exceptional achievement in the field.

ESSM RESEARCH GRANTS
Every year ESSM grants up to EUR 30,000 each to 3 – 5 research projects with a maximum duration of 18 months. Research Grants are open to all ESSM members who meet the eligibility criteria. The application deadline, eligibility criteria and terms and conditions of the grants can be found on the ESSM website. We will be hearing from some of the previous grant holders in the Ljubljana meeting about their exciting and ground-breaking research.

ESSM BASIC SCIENTIST TRAVEL GRANTS
These grants, which all members of ESSM are welcome to apply for (providing that they meet the eligibility criteria), are intended to support basic scientists wishing to attend the ESSM Annual Congresses. ESSM recognises that basic scientists who are not actively engaged in clinical work in sexual medicine field may have difficulty finding sponsors to attend ESSM Annual Congresses. ESSM will therefore award a free registration and EUR 500 travel expenses to ten of its members towards attending the Annual Congresses. The application deadline, eligibility criteria and terms and conditions of the grants can be found on the ESSM website.

ESSM AWARD WINNERS

Best Presentation Awards
1995  Christian Stief, Germany
1997  Paul F. Engelhardt, Germany
      François Giuliano, France
      Suks Minhas, United Kingdom
2000  Apostolos Apostolidis, Greece
      F. Mumtaz, United Kingdom
2002  Annamaria Giraldi, Denmark
      Andrea Salonia, Italy
2003  Stefan Ückert, Germany
      Ilan Gruenwald, Israel
      Mustafa Usta, Turkey
      Alberto Briganti, Italy
2004  Byoung Ahn, Republic of Korea
      Javier Angulo Frutos, Spain
      Antonio Aversa, Italy
2005  Giovanni Corona, Italy
      Elke Gizewski, Germany
      Halim Hattat, Turkey
      Attila Kun, Hungary
      Sava Perovic, Serbia
2006  Fotini Ferendou, Greece
      Giulio Garaffa, Italy
      Wayne Hellstrom, USA
      Linda Vignozzi, Italy
      Guido van Wingen, The Netherlands
2007  Stephanie Ortigue, France
      Dara Lazar, Austria
      Ignacio Moncada Iribarren, Spain
      Jun-Kyu Suh, Republic of Korea
      Tolga Akman, Turkey
ESSM Awards

2008  David Ralph, United Kingdom  
       Judith Alder, Switzerland  
       Konstantinos Rokkas, Greece  
       K. Park, Republic of Korea  
       H. Gelez, France  
2009  Andrea Russo, Italy  
       Gert Holstege, The Netherlands  
       Javier Angulo Frutos, Spain  
       Yoram Vardi, Israel  
       Jas Kalsi and Giulio Garaffa, United Kingdom  
2010  José La Fuente Carvalho, Portugal  
       Elisa Bandini, Italy  
       Fulvio Colombo, Italy  
       Jonathan Greggain, Canada  
       Andrea Burri, United Kingdom  
2011  Fabio Castiglione, Italy  
       Jun-Kyu Suh, Republic of Korea  
       Jacques Buvat, France  
       Rosario Leonardi, Italy  
2012  Silvia Vailati, Italy  
       Annika Gunst, Finland  
       Karl Beetsen, United Kingdom  
       Andrea Isidori, Italy  
       Su-Yeon Jang, Republic of Korea  
2014  Mustafa Faruk Usta, Turkey  
       Ahmet Gokce, Turkey  
       Lars Lund, Denmark  
       Michael Krychman, USA  
       Linda Vignozzi, Italy  
2015  Dimitrios Kalyvianakis, Greece  
       Hotaka Matsui, Japan  
       Megan McCool, Germany  
       Tim van de Grift, The Netherlands  
2016  Michal Lew-Starowicz, Poland  
       Stephanie Both, The Netherlands  
       Nikolai Sopko, USA  
       Giulia Rastrelli, Italy  
2017  Elisa Maseroli, Italy  
       Marco Capece, United Kingdom  
       Richard de Visser, United Kingdom  
       Marcus Igl, United Kingdom  
       Athanasios Zachariou, Greece  
2018  Emmanuel Weyne, Belgium  
       Giulia Rastrelli, Italy  
       Adriaan Tuiten, The Netherlands  
       Guy T’Sjoen, Belgium  
       Marta Skrodzka, Poland

Career Award

2002  John Pryor, United Kingdom  
2003  Gorm Wagner, Denmark  
2004  Giles Brindley, United Kingdom  
       Ronald Virag, France  
2005  Karl-Erik Andersson, Sweden  
2007  Inigo Saenz de Tejada, Spain  
2008  Vaclav Michael, Czech Republic  
2009  Axel R. Fugl-Meyer, Sweden  
2010  Hans Hedlund, Norway  
2011  Jacques Buvat, France  
2012  Yoram Vardi, Israel  
2014  Antonio Martin-Morales, Spain  
2015  Graham Jackson, United Kingdom  
2016  Woet L. Gianotten, The Netherlands  
2017  Alan Riley, United Kingdom  
2018  Johannes Bitzer, Switzerland  
2019  Hartmut Porst, Germany

Award of Excellence

2002  Petter Hedlund, Sweden  
2003  Selim Cellek, United Kingdom  
2004  Stefan Ückert, Germany  
2005  Javier Angulo Frutos, Spain  
       Ekkehard W. Hauck, Germany  
2006  Andrea Salonia, Italy  
2007  Antonio Aversa, Italy  
2008  Delphine Behr-Roussel, France  
2009  Giovanni Corona, Italy  
2010  Tillmann Krüger, Germany  
2011  Stephanie Cacioppo, Switzerland  
2014  Linda Vignozzi, Italy  
2015  Carla Costa, Portugal  
2016  Juan Ignacio Martinez-Salamanca, Spain  
2017  Patrick Jern, Finland  
2018  Ege Can Serefoglu, Turkey  
2019  Maarten Albersen Belgium
### MASTER LECTURES

Master lectures of 30 minutes will be given by a distinguished and renowned expert and will be devoted to a specific topic of major interest.

### DEBATES

During the three days of the congress debates are scheduled for 30 minutes. First a case will be presented by experts and followed by a discussion concerning pro and cons.

### ROUND TABLES

These sessions will usually last 90 minutes. Some of these sessions are scheduled for 60 minutes. They will focus on a particular topic and present the very latest data related to it. The round tables will include four or five papers and time for discussion.

### WORKSHOPS – LESSONS FROM THE EXPERTS beyond the EBM (Evidence Based Medicine)

Workshops are designed for an interactive exchange of knowledge in the field of Sexual Medicine. During each workshop a short review of the accepted practice will be given following practical tips and tricks for the daily practice. The workshops will be conducted by a prominent, experienced speaker. The number of participants will be limited and according to “first come first served”. For the daily practice, hand-outs will be available online following to the respective workshop.

### PODIUM SESSIONS / SUBMITTED SURGERY VIDEO SESSION

These sessions will present the best papers/video accepted for the congress and will focus on specific topics presenting the very latest findings in this field. Each session will last between 30 to 90 minutes. Presentations are limited to 4 minutes followed by 2 minutes of discussion. Videos are allocated for 5 minutes presentation and 3 minutes discussion.

### POSTERS

Authors have been invited to present their latest research findings or important ongoing research as posters; these are grouped into areas of research by the ESSM scientific committee. The poster exhibition is scheduled from Thursday, 14 to Saturday, 16 February 2019.

Some of the posters have been selected for Highlighted Poster Tours.

### HIGHLIGHTED POSTER TOURS

The highlighted poster tours were selected by the Scientific Committee based on a peer review of all abstract submissions. The most interesting posters are grouped by topic and presented in 30-minute moderated tours. Each tour consists of a maximum of 7 posters in the same general field and will take place during the coffee breaks from Thursday to Saturday.

### INDUSTRY SPONSORED SESSIONS

Industry sponsored sessions are organized by the industry in consultation with the scientific committee. They are planned for the congress days from Thursday to Saturday.
Overview of Meeting Rooms

0 Grand Reception Hall

-1 Foyer I

-2 Foyer II
<table>
<thead>
<tr>
<th>Time</th>
<th>Room</th>
<th>Gallus Hall</th>
<th>Linhart Hall</th>
<th>Kosovel Hall</th>
<th>Room E1-2</th>
<th>Room M2</th>
<th>Room M3</th>
<th>Foyer 1</th>
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**Thursday, 14 February 2019 | Program Schedule**

**Registration Counter**
07:30 – 19:00

**Exhibition**
10:00 – 19:30

**Poster Exhibition**
10:00 – 17:00

**Highlighted Posters**
15:30 – 16:00

**Coffee Break**

**Opening Ceremony**

from 19:30 Networking Reception in Grand Reception Hall and Foyer 1

from 21:00 Valentine’s day concert in front of the city hall *(see page 45)*

**Abbreviations**

<table>
<thead>
<tr>
<th>WS</th>
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<th>PS</th>
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<th>ML</th>
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<td>Round Table</td>
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<td>National Symposia</td>
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<td>Industry Symposia</td>
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<tr>
<td>DE</td>
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# Program Schedule | Friday, 15 February 2019

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<thead>
<tr>
<th>Time</th>
<th>Room</th>
<th>Gallus Hall</th>
<th>Linhart Hall</th>
<th>Kosovel Hall</th>
<th>Room E1-2</th>
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<td>07:30</td>
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<td>SA-05 Industry sponsored session</td>
<td>RT-07 Treatment goals in FSD</td>
<td>ESSM-02 ESSM position statements 1</td>
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<tr>
<td>09:00</td>
<td></td>
<td>RT-06 Counselling patients for Pca treatment: What is the evidence on sexual function outcomes?</td>
<td>EJM – Journal of Sexual Medicine session</td>
<td>RT-08 Complications after pelvic surgery in female and male</td>
<td>SA-06 Innovation platform (non CME) Industry sponsored session</td>
<td>WS-03 Sexual dysfunctions in single individuals – the treatment challenge</td>
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<td>10:00</td>
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<td>DE-02 Is the decline of sexual desire inevitable in sexual relationship?</td>
<td>Coffee Break</td>
<td>RT-11 Rehabilitation after male pelvic surgery</td>
<td>SA-08 Industry sponsored session</td>
<td>RT-12 Minorities in clinical contexts</td>
<td>PS-04 Basic Science</td>
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<td>SA-07 Industry sponsored session</td>
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<td>SA-03 Industry sponsored session</td>
<td>RT-10 Hypogonadism guidelines</td>
<td>SA-09 Industry sponsored session</td>
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<td>Poster Exhibition 08:00 – 17:00</td>
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<td>Lunch Break</td>
<td>SA-09 Industry sponsored session</td>
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<td>WS-05 Assessment and management of female sexual pain disorders</td>
<td>ESSM-04 ESSM position statements 2</td>
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<td>14:00</td>
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<td>ML-03 Intralesional collagenase for PD: On label and off-label protocols</td>
<td>ESSM-03</td>
<td>RT-13 EPATH – session</td>
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<td>SA-04 Industry sponsored session</td>
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<td>RT-14 Genitourinary cancers and sexual dysfunctions</td>
<td>ESSM-05 ISSWSH/ESSM lecture</td>
<td>RT-18 ISSM – International Society for Sexual Medicine session</td>
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<td>DE-03 Is foream het gold standard for phalloplasty?</td>
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<td>RT-03 Hormonal contraceptives and sexuality. Are all the same?</td>
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<td>16:30</td>
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<td>ML-04 Presidential lecture – how to become a professional and the future of Sexual Medicine</td>
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<td>RT-15 LUTS and sexual dysfunction: Hints for clinical practice</td>
<td>RT-16 Female sexual interest, desire and arousal: Consensus and discordances</td>
<td>ESSM-06 Symposium of ICS</td>
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<td>ESSM Annual-Business Meeting – members only –</td>
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<td>Pregnancy, parenthood, sexuality and couples adjustment</td>
<td>Video session 1</td>
<td>Late breaking oral presentations</td>
<td>Motivational interviewing in clinical practice</td>
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<td>The proper drug for the proper patient: Tailored therapy for PE</td>
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<td>Homophobia and transphobia: From a disease to a global issue</td>
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<td>Swamp for experts: How to manage 4 difficult things in clinical practice</td>
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<td>Low-Intensity shock wave therapy: Clinical evidence</td>
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<td>Dysregulation of GnRH regulating factors by MetS and effect of physical exercise</td>
<td>DHEA &amp; androgens in women: The old new thing</td>
<td>ESSM grants</td>
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<td>HP-05 Female sexual health and dysfunction - 1</td>
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<td>Sexual dysfunction: Is it a genetic disease?</td>
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<td>WS-08</td>
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<td>HP-06 Reconstructive surgery</td>
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<td>Modern management of gender identity issues</td>
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<td>Award of excellence lecture: Stem cells for male sexual dysfunction: Do we know enough for starting clinical application?</td>
<td>Coffee Break</td>
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<td>HP-07 Female sexual health and dysfunction - 2</td>
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<td>Web and sexual medicine</td>
<td>Reconstructive surgery</td>
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<td>ESSM-08</td>
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<td>HP-08 Male sexual dysfunction: ED surgical treatment</td>
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<td>Take home message</td>
<td>Male sexual dysfunction: Epidemiology, risk factors</td>
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<td>17:30</td>
<td>Closing Ceremony</td>
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<td>HP-09 Male sexual dysfunction: IPP</td>
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Scientific Program I Thursday, 14 February 2019

**NA-01 NATIONAL SYMPOSIUM**
09:00–12:00 Linhart Hall

**Asociacion Espanola de Andrologia, Medicina Sexual y Reproductiva (ASESA) y la Sociedad Portuguesa de Andrologia (SPA) – in Portuguese and Spanish language**

001 Variaciones de la fertilidad del varón en España
Ferrán García José (ASESA)

002 Desaparéceimento do cromossoma y – uma inevitabilidad evolutiva?
Nuno Louro (SPA)

003 Discusión

004 Enfoque actual de la anorgasmia femenina
Francisco Cabello Santamaría (ASESA)

005 Expressão orgasmática feminina, variações sobre la petite mort
Patrícia M. Pascoal (SPA)

006 Discusión

007 Estado actual del tratamiento de la disfunción eréctil con células madre, ¿Para cuándo?
Fernando Meiijide Rico (ASESA)

008 Novas abordagens terapêuticas na disfunção sexual – do laboratório para a clínica
José Mª La Fuente de Carvalho (SPA)

009 Discusión

**WS-01 WORKSHOP**
11:00–12:30 Kosovel Hall

**Practical management of erectile dysfunction in men with endocrine disorders**
Chairs: Hartmut Porst, Germany
Michael Zitzmann, Germany

Details on page 39

**RT-01 ROUND TABLE**
12:00–13:30 Gallus Hall

**Penile size dissatisfaction**
Chairs: Marco Capece, United Kingdom
Gideon Blecher, United Kingdom

001 Why is this becoming a big issue?
Hester Pastoor, The Netherlands

002 Penile size dissatisfaction – an overview
Amr Abdel Raheem, United Kingdom

003 Non surgical management
Angela Gregory, United Kingdom

004 Surgical management
Giulio Garaffa, United Kingdom

**RT-02 ROUND TABLE**
12:30–13:30 Linhart Hall

**Sexual health problems and help seeking in older Europeans**
Chairs: Paraskevi-Sofia Kirana, Greece
Dimitrios Hatzichristou, Greece

001 Sexual difficulties and distress in older Europeans
Cynthia A. Graham, United Kingdom

002 Help seeking for distressing sexual difficulties in older individuals from four European countries
Sharron Hinchliff, United Kingdom

003 Sexual difficulties, distress and the related help seeking in older European couples: A dyadic approach
Aleksandar Stulhofer, Croatia

12:30–14:00 Break

**NA-02 NATIONAL SYMPOSIUM**
12:30–15:00 Room M3

„When sex gets out of control“ – Scientific Meeting and General Assembly of the Scandinavian Society for Sexual Medicine (SSSM) – in English language
Chair: Xanthi Ntoni Fynbo, Denmark

001 History, definition, comorbidity
Lea Treebak Jensen, Denmark
### Thursday, 14 February 2019 | Scientific Program

**PS-01 PODIUM SESSION**

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<tr>
<td>14:00–15:30</td>
<td>Kosovel Hall</td>
<td>Psychosexual gender and sexology</td>
<td>Aleksandar Stulhofer, Croatia, Erika Limoncin, Italy</td>
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**Round Table (RT-03)**

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<tr>
<td>13:00–14:00</td>
<td>Kosovel Hall</td>
<td>Female orgasm</td>
<td>Francesca Tripodi, Italy, Lior Lowenstein, Israel</td>
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**National Symposium (NA-03)**

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<tr>
<td>13:00–15:00</td>
<td>Room E1-2</td>
<td>The Millennium challenge: What does sexual medicine mean for the young generation? Symposium of the Société Francophone de Médecine Sexuelle – in English language</td>
<td>Béatrice Cuzin, France, Eric Huyghe, France</td>
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**Debate (DE-01)**

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<tr>
<td>14:00–14:30</td>
<td>Gallus Hall</td>
<td>Post-Finasteride syndrome: between myth and reality</td>
<td>Marcel D. Waldinger, The Netherlands, Mario Maggi, Italy</td>
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**002 Research and treatment of hypersexuality/sex-addiction**

Marta Piwowar, Sweden

**003 Physiology of female orgasm**

Eliane Sarasin Ricklin, Switzerland

**001 Women’s experience of orgasm during intercourse**

Emmanuele Angelo Jannini, Italy

**002 Cognitive affective factors in female orgasmic problems**

Inês Tavares, Portugal

**004 Gender and social pressure in sexual fantasies—will the female gender have more passive fantasies?**

Noa De-Lacerda, Portugal

**005 The effect of hormonal treatment on sexual distress in transgender persons: A two-year follow-up study**

Alessandra D. Fisher, Italy

**006 Slovenian adaptation of the sexual self-esteem inventory: Preliminary results**

Eva Štrukelj, Slovenia

**007 The frequency of and attitudes toward condom use among adults in Korea: A national population-based study**

Sun-Tae Ahn, Republic of Korea

**008 Unspoken and undiagnosed: Sexual dysfunctions in adults with ADHD**

Samaneh Amani Jabalkandi, Islamic Republic of Iran

**009 Recognition of the sexual rights of people with physical and psychical disability**

Margherita Colombo, Italy

**010 The influence of body image and psychological wellbeing on sexual functioning assessed according to a gender perspective**

Giacomo Ciocca, Italy

**011 Sexual identity, experiences and attitudes of people with developmental disabilities**

Daniela Bratkovic, Croatia

**012 Healthy sexual aging: A qualitative exploration of the sexuality and sexual health of older adults in the UK**

Lauren Towler, United Kingdom

**013 The role of sexual desire, sexual satisfaction and relationship satisfaction in the sexual function of Arab couples living in Saudi Arabia**

Atia Ataky, Egypt
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014 Personality and temperamental traits of heterosexual and homo-/ bisexual men
Robert Kowalczyk, Poland

015 One to one -model: A roadmap to talk pro-actively about sexual health with patients
Ruth Borms, Belgium

RT-04 ROUND TABLE
14:30 – 15:30 Gallus Hall
“#MeToo”
Chairs: Giovanni Corona, Italy
Marieke Dewitte, The Netherlands

001 “#MeToo”: Sexual abuse: Psychopathology and sexual consequences
Giovanni Castellini, Italy

002 “#MeToo” movement for changing the culture of sexual harassment
Ann Ighe, Sweden

SA-02 INDUSTRY SPONSORED SESSION
15:00 – 16:00 Room M2
see page 48

NA-04 NATIONAL SYMPOSIUM
15:00 – 18:00 Room E1-2
Joint meeting of the Sociedade Portuguesa de Andrologia and Società Italiana di Andrologia: SPA-SIA “ED treatment: What’s beyond tablets” – in English language
Chairs: Alessandro Palmieri, Italy
Pedro Vendeira, Portugal
Augusto Jose Pepe Cardoso, Portugal

001 The world of oral dissolving drugs
Andrea Salonia, Italy

002 Are we in front of a real technological advancement?: The pharmacological perspective
Alessandro Zucchi, Italy

003 The patient & partner’s perspective
Carla Veiga Rodrigues, Portugal

004 What is the evidence for therapeutic improvement?
Eugenio Ventimiglia, Italy

005 Closing remarks and discussion
Alessandro Palmieri, Italy

006 The world of topic treatments
Tommaso Cai, Italy

007 Intracavernous injection: Just the history?
Maria José Freire, Portugal

008 Alprostadil for topical use
Marco Capece, United Kingdom

009 Vacuum device: Rehabilitation, treatment and combination therapy
Pedro Eufrasio, Portugal

010 Closing remarks and discussion
Tommaso Cai, Italy

011 The role of penile prosthesis implant in the era of multiple choice non invasive ED treatments (Introduction)
Nuno Tomada, Portugal

012 The role of penile prosthesis implant in the era of multiple choice non invasive ED treatments
Carlo Bettocchi, Italy

013 New technologies as a weapon to counter the black market of the web (Introduction)
Giovanni Liguori, Italy

014 New technologies as a weapon to counter the black market of the web
Nuno Azevedo, Portugal

015 The world of Li-ESWT
Fabrizio Palumbo, Italy

016 From urinary stones to the penis: Why should it work?
Artur Palmas, Portugal

017 How do deal with the jungle of different energy source and treatment scheme
Paolo Verze, Italy

018 Identity of the patient who can benefit from shock waves
Nicola Mondaini, Italy

019 Symposium final remarks
Alessandro Palmieri, Italy

ML-01 MASTER LECTURE
15:30 – 16:00 Linhart Hall
History of phalloplasty surgery
Chairs: Rados P. Djinovic, Serbia
Jean-Etienne Terrier, France
Speaker: Nim Christopher, United Kingdom

HP-01 HIGHLIGHTED POSTER TOUR
15:30 – 16:00 Foyer 1
Basic and transitional research
Chairs: Elisa Maseroli, Italy
Uros Milenkovic, Belgium

001 Simvastatin and the Rho-kinase inhibitor Y-27632 prevent myofibroblast transformation in Peyronie’s disease-derived fibroblasts via inhibition of YAP/TAZ nuclear translocation
Uros Milenkovic, Belgium
M. Ilg, C. Zuccato, Y. Ramazani, D. De Ridder, M. Albersen
Thursday, 14 February 2019 | Scientific Program

002 Intracavernosal sildenafil recovered the progression of erectile dysfunction after withdrawal of 5-alpha reductase inhibitor in rats
Didem Yilmaz-Oral, Turkey
B. Kan, S. Gur

003 Expression of genes encoding for endopeptidase enzymes (EnPEs) and peptide binding receptors in the human vagina: Comparison to penile erectile tissue
Stefan Ückert, Germany
H. Rahardjo, A. Bannowsky, D. Tsikas, M. Kuczyk

004 The effects of antifibrotic agent-pirfenidone on penile cavernous function in experimental ischaemic priapism-induced rat model
Onder Cinar, Turkey
M. S. Bolat, S. Erdem, E. Kaymaz, E. D. Demirkiran, R. Girgin, E. Bulut, B. Akduman, N. A. Mungan

005 Regulation of the relaxation of the corpus cavernosum by a near-infrared light-controlled NO donor in vivo and in vitro studies
Yuji Hotta, Japan
A. Nishikawa, N. Ieda, T. Kataoka, H. Nakagawa, K. Kimura

006 Embryonic stem cell-derived exosome rescues erectile function by penile angiogenesis and neurovascular regeneration in the diabetic mouse
Mi-Hye Kwon, Republic of Korea

HP-02 HIGHLIGHTED POSTER TOUR
15:30 – 16:00 Foyer 1
Psychosexual gender and sexuality
Chairs: Charrmarghe Borg, The Netherlands
Filippo Maria Nimbi, Italy

001 The relation between sexual dysfunction and sexual pleasure in transgender individuals: Results from the ENIGI follow-up study
Mauro Kerckhof, Belgium
B. Kreukels, T. Nieder, I. Becker, T. van de Grift, G. Haylens, E. Elaut

002 Investigation of sexually transmitted infection among Taiwan’s senior citizens
Peng Chen Chung, Taiwan

003 Attachment style, sexual orientation and biological sex in their relationship with the gender Role
Giacomo Ciocca, Italy
S. Zauri, E. Limoncin, D. Mollaioli, E. A. Jannini

004 Study on the effect of systemic treatment with testosterone on clitoral haemodynamic parameters in basal conditions
Sarah Cipriani, Italy
E. Masaroli, V. Di Stasi, I. Scavvolo, M. Maggi, L. Vignozzi

005 The role of lateral episiotomy on the emergence of sexual dysfunction in primiparas
Kresimir Zivkovic, Croatia

006 The proneness to sexual excitation and inhibition in MSM and non-MSM
Robert Kowalczyk, Poland
M. Kaluga, J. Kurpisz, K. Nowosielski, M. Lew-Stawowicz, J. Samochowiec

HP-03 HIGHLIGHTED POSTER TOUR
15:30 – 16:00 Foyer 1
Male sexual dysfunction: Medical treatment
Chairs: Giovanni Corona, Italy
Maja Ravnik Oblak, Slovenia

001 The effect of dapoxetine in the treatment of chronic prostatitis combined with premature ejaculation
Zhaocun Zhang, China
C. Zhou, Y. Xu, B. Shi

002 Percutaneous angioplasty of internal pudendal arteries for the treatment of erectile dysfunction not responsive to pharmacological therapy: Initial experience in six patients
Filippo Migliorini, Italy
A. Marcer, M. Sebben, S. Bassi, A. Mariotto, E. Rublotta, M. Balzarro, F. Ribichini, W. Artibani

003 A prospective randomized placebo controlled study evaluating the effect of Low-intensity Extracorporeal Shockwave Therapy (LI-ESWT) in men with erectile dysfunction following radical prostatectomy
Peter Bill Ladegaard, Denmark
J. Mortensen, L. Lund

004 Establishing the safety profile in sexual partners of a new topical glyceryl trinitrate gel for the treatment of erectile dysfunction
Kenneth James, United Kingdom
T. Holland, I. Armstrong

005 ED patient and partner satisfaction from new eswt treatment strategy
Ece Hattat, Turkey
H. Hattat, I. Hattat, F. Gultekin

16:00 – 16:30 Break

WS-02 WORKSHOP
16:00 – 17:00 Kosovel Hall
How to survive infertility treatments: What clinicians can do to help couples in protecting their sexual life
Chairs: Garbrijela Simetinger, Slovenia
Astrid Ahler, Switzerland

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### Scientific Program | Thursday, 14 February 2019

<table>
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<th>Time</th>
<th>Session</th>
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<tr>
<td>16:00 – 17:00</td>
<td><strong>National Symposium</strong></td>
<td>Room M3</td>
<td>Diagnosis and management of ED and hypogonadism in patients with T2DM: The role of the Quality and Outcomes (QOF) in UK primary care by Patricia Schartau, United Kingdom. Challenges in prescribing daily tadafil on the NHS by John Coxon, United Kingdom.</td>
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<td>16:00 – 17:30</td>
<td><strong>Industry Sponsored Session</strong></td>
<td>Gallus Hall</td>
<td>Correlations among physiological lubrication and self-reported sexual arousal in women with and without sexual dysfunction by Ariel Handy, USA.</td>
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<td>Endometriosis and sexual functioning: How much do psycho-emotional factors matter? by Valentina Rossi, Italy.</td>
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<td>The improvement of muscle strength after a pelvic floor training program in females with stress urinary incontinence is associated with a better sexual function of the couple by Athanasios Zachariou, Greece.</td>
</tr>
<tr>
<td>17:00 – 18:00</td>
<td><strong>Round Table</strong></td>
<td>Linhart Hall</td>
<td>Penile extenders in clinical practice by Omid Sedigh, Italy. What options are available? by Carlo Bettocchi, Italy. Peyronie’s Diseases outcomes by Jose Torremade, Spain. Penile shortening after radical prostatectomy outcomes by Carlo Bettocchi, Italy.</td>
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<tr>
<td>17:00 – 18:00</td>
<td><strong>Podium Session</strong></td>
<td>Kosovel Hall</td>
<td>Pain catastrophizing, fear of pain, and depression and its association with female sexual pain by Andrea Burri, Germany. Personalized medicine: Genotype scores predict drug efficacy in subtypes of female sexual interest/arousal disorder by Kim van Rooij, The Netherlands. Outcome of medical and psychosexual interventions for Vaginismus: A systematic review and meta-analysis by Elisa Maseroli, Italy.</td>
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<td>Sexuality of pregnant women and their fear of harming the baby by Iris Krakun, Slovenia.</td>
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<td>The importance of male ejaculation for female sexual satisfaction and function by Andrea Burri, Germany.</td>
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<td>FSFI as a screening tool for assessing women’s sexual difficulties in Slovenia by Irena Rahne-Otopelec, Slovenia.</td>
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<td>Childhood sexual abuse and treatment outcome in patients with eating disorders by Giovanni Castellini, Italy.</td>
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<tr>
<td>18:00 – 18:30</td>
<td><strong>Master Lecture</strong></td>
<td>Linhart Hall</td>
<td>Valentines Day: What does this matter for sexual medicine? by Emmanuele Angelo Jannini, Italy.</td>
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<td>Childhood sexual abuse and treatment outcome in patients with eating disorders by Giovanni Castellini, Italy.</td>
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<tr>
<td>18:30 – 19:30</td>
<td><strong>ESSM Opening Ceremony</strong></td>
<td>Gallus Hall</td>
<td>ESSM Networking Reception by Yacov Reisman, The Netherlands.</td>
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### Friday, 15 February 2019 | Scientific Program

#### 21st CONGRESS OF THE EUROPEAN SOCIETY FOR SEXUAL MEDICINE

**SA-05**  **INDUSTRY SPONSORED SESSION**  
*07:30–08:30*  Kosovel Hall  
*see page 48*

**RT-06**  **ROUND TABLE**  
*08:00–09:00*  Gallus Hall  
*Counselling patients for PCA treatment: What is the evidence on sexual function outcomes?*  
Chairs: Franc Kramer, Slovenia  
Ignacio Moncada Iribarren, Spain  
*001 Active surveillance / focal therapy*  
Paolo Verze, Italy  
*002 Radical prostatectomy*  
Mikkel Fode, Denmark  
*003 Radiotherapy*  
Luca Incrocci, The Netherlands

**ESSM-01**  **ESSM SESSION**  
*08:00–09:00*  Linhart Hall  
*Journal of Sexual Medicine session*  
Chairs: John P. Mulhall, USA  
Andrea Salonia, Italy  
Annamarla Girald, Denmark  
*001 JSM update*  
John P. Mulhall, USA  
*002 Best male papers*  
Andrea Salonia, Italy  
*003 Best female papers*  
Annamarla Girald, Denmark

**RT-07**  **ROUND TABLE**  
*08:00–09:00*  Room E1-2  
*Treatment goals in FSD*  
Chairs: Gabrijela Simetinger, Slovenia  
Cynthia A. Graham, United Kingdom  
*001 Subjective vs objective measures in the assessment of treatment outcomes*  
Michael Krychman, USA  
*002 Restoring function, pleasure or satisfaction?*  
Patricia M. Pascoal, Portugal  
*003 Improving individual and couple sexual pleasure*  
Ana Carvalheira, Portugal

**ESSM-02**  **ESSM SESSION**  
*08:30–10:30*  Room M3  
*ESSM position statements 1*  
Chairs: Giovanni Corona, Italy  
Yacov Reisman, The Netherlands  
*001 Contraception and sexual health*  
Linda Vignozzi, Italy  
*002 Penile prosthesis outcome*  
Danlar Osmonov, Germany  
*003 Hormonal management of transgender people*  
Guy T'Spoen, Belgium  
*004 Laser therapy and rejuvenation in female sexual function*  
Javier Romero Otero, Spain

**RT-08**  **ROUND TABLE**  
*09:00–10:00*  Gallus Hall  
*Complications after pelvic surgery in female and male*  
Chairs: Pedro Vendeira, Portugal  
Rodrigo Garcia Baquero Garcia De Pared, Spain  
*001 Mind your cut: Different surgical approaches for prostatic diseases have different complications*  
Koenraad van Renterghem, Belgium  
*002 Radical cystectomy and rectal surgery in men*  
Borja Garcia Gomez, Spain  
*003 Female pelvic surgery*  
Lior Lowenstein, Israel

**RT-09**  **ROUND TABLE**  
*09:00–10:00*  Linhart Hall  
*SMSNA – Sexual Medicine Society of North America: Sexual medicine: The American perspective*  
Chairs: Hossein Sadeghi-Nejad, USA  
Lawrence Scott Hakim, USA  
*001 Highlights of the 2018 SMSNA fall scientific meeting*  
Serge Carrier, Canada  
*002 American urological association guidelines on erectile dysfunction*  
Mohit Khera, USA  
*003 Growth hormone and sexual function*  
Hossein Sadeghi-Nejad, USA  
*004 Penile augmentation*  
Nelson Bennett, USA  
*005 Ectopic reservoir: What we have learned so far?*  
Run Wang, USA
WS-03  WORKSHOP
09:00 – 10:00  Room E1-2
Sexual dysfunctions in single individuals – the treatment challenge
Chairs: Nuno Trovao, Portugal
       Omer Onur Cakir, Turkey
Details on page 40

SA-06  INDUSTRY SPONSORED SESSION
09:00 – 10:30  Kosovol Hall
see page 48

DE-02  DEBATE
10:00 – 10:30  Gallus Hall
Is the decline of sexual desire inevitable in sexual relationships?
Chairs: Marieke Dewitte, The Netherlands
       Joao Pedro Nobre, Portugal
001  Clinical case
       Charmaine Borg, The Netherlands
002  Pro
       Marieke Dewitte, The Netherlands
003  Con
       Woet L. Gianotten, The Netherlands

SA-07  INDUSTRY SPONSORED SESSION
10:00 – 10:30  Foyer 1
see page 48

10:00 – 10:30  Break

WS-04  WORKSHOP
10:00 – 11:00  Room E1-2
Sexual dysfunction: The impact on partners
Chairs: Paraskevi-Sofia Kirana, Greece
       Eliane Sarasin Ricklin, Switzerland
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SA-03  INDUSTRY SPONSORED SESSION
10:30 – 11:00  Gallus Hall
see page 48

HP-04  HIGHLIGHTED POSTER TOUR
10:30 – 11:00  Foyer 1
Male sexual dysfunction: Prostate
Chairs: Arik Shechter, Israel
       Emre Akkus, Turkey
001  Effectiveness of extra-shock wave therapy for chronic prostatitis/chronic pelvic pain: A population-based propensity score adjusted analysis
       Andrea Cocci, Italy
002  BPH- and BPH surgery-related ejaculation disorders: Results from a prospective observational trial
       Carlo Ceruti, Italy
003  Definition of ultrasound reference values for the organs of the male genital tract: The European academy of andrology ultrasound project on fertile men
       Francesco Lotti, Italy
       H. Behre, F. Francavilla, A. Isidori, S. Kliesch, S. La Vignera, M. Punab, O. Rajmil, O. Shaeer, W. Weidner, M. Maggi
004  Does masturbation have a positive influence on functional outcome in the postoperative course after radical prostatectomy?
       Valentin Henri Meissner, Germany
       S. Dumler, M. Kron, S. Schiele, A. Bannowsky, J. E. Gschwend, K. Herkommer
005  Premature ejaculation associated with increased severity of lower urinary tract symptoms
       Jae Hwi Choi, Republic of Korea
006  Association of sexual identity and activity with prostate-specific antigen (PSA) in a prostate cancer screening population
       Kathleen Herkommer, Germany
       M. Hollerer, V. H. Meissner, S. Schiele, M. Kron, P. Albers, C. Arsov, F. Imkamp, M. Hohenfellner, B. Hadaschik, J. E. Gschwend
**Friday, 15 February 2019 | Scientific Program**

**RT-11**
**ROUND TABLE**
**10:30 – 11:30**
**Linhart Hall**
**Rehabilitation after male pelvic surgery**
**Chairs:** Beatrice Cuzin, France
Zoran Krstanoski, Slovenia

001 “Kiel concept” in comparison to the different rehabilitation concepts of erectile function preservation
Mohit Khera, USA

002 “Expectations” and perioperative risk management for male complications after pelvic surgery
Andreas Bannowsky, Germany

003 Shape matters! Patient-plus-partner-individualized considerations in planning, performing and rehabilitation of pelvic surgery
Karen Czeloth, Austria

**SA-08**
**INDUSTRY SPONSORED SESSION**
**10:30 – 11:30**
**Kosovel Hall**
*see page 49*

**PS-04**
**PODIUM SESSION**
**10:30 – 12:00**
**Room M3**

**Basic Science**
**Chairs:** Fabio Castiglione, United Kingdom
Emmanuel Weyne, Belgium

001 Aging increases contribution of Orai channels to contractile tone in rat and human corpus cavernosum
Javier Angulo Frutos, Spain

002 Long-term low-intensity electrostimulation of injured cavernosal nerve improves erectile function recovery in a rat model of postprostatectomy erectile dysfunction
Mikael Sturny, Switzerland

003 Vardenafil, tamoxifen and their combination can prevent but not reverse TGF-beta1-induced myofibroblast transformation of TA-derived cells
Marcus Iig, United Kingdom

004 Transcriptome-wide analysis of Peyronie’s Disease plaques using RNA sequencing uncovers targetable signaling pathways for medical therapy
Uros Milenkovic, Belgium

005 Low intensity Shockwave Therapy (LiST) may promote angiogenesis and alter a1/a2 adrenergic receptors ratio in the erectile tissue of naturally aged rats
Ioannis Sokolakis, Germany

006 Immunomodulatory effects of Dihydrotestosterone (DHT) in rat vaginal smooth muscle cells
Elisa Maseroli, Italy

007 The beneficial effect of a selective ifunny channels blocker, ivabradine on erectile dysfunction in diabetic rats
Didem Yilmaz-Oral, Turkey

008 Study of the anti-inflammatory effects of dihydrotestosterone in human vaginal smooth muscle cells
Linda Vignozzi, Italy

009 The lumbar spinal cord neurons putatively involved in ejaculation are sexually dimorphic already in pre-pubertal mice
Lorenzo Cangiano, Italy

010 Effects of physical exercise on metabolic syndrome-associated hypogonadotropic hypogonadism and erectile dysfunction
Mario Maggi, Italy

**RT-10**
**ROUND TABLE**
**11:00 – 12:00**
**Gallus Hall**
**Hypogonadism guidelines**
**Chairs:** Andrea M. Isidori, Italy
Luiz Otávio Torres, Brazil

001 The voice from the Endocrine Society guidelines
Andrea M. Isidori, Italy

002 The voice from European Academy of Andrology guidelines
Dirk Vanderschueren, Belgium

003 The voice from ISSM guidelines
Andrea Salonia, Italy

**RT-12**
**ROUND TABLE**
**11:00 – 12:00**
**Room E1-2**
**Minorities in clinical contexts**
**Chairs:** Patricia M. Pascoal, Portugal
Stefano Eleuteri, Italy

001 Body Image concerns in sexual minority men
Erika Limoncin, Italy

002 Sexual stereotypes in clinical practice
Francesca Tripodi, Italy

003 Sexuality in adolescents and emerging adults with neurodevelopmental disorders
Maria Joana Costa Almeida, Portugal
### PS-03 PODIUM SESSION

**11:30 – 12:00**

**Female sexual health and dysfunction-2**

Chairs: Simona Repar Bornsek, Slovenia  
Katarina Gaic Jerman, Slovenia

1. Rethinking the techno vagina: A case series of patient complications following vaginal laser treatment for atrophy  
   Michael Krychman, USA

2. Psychobiological correlates of vaginismus: An exploratory analysis  
   Linda Vignozzi, Italy

3. Surgical treatment of clitoral phimosis and its effects on female sexual functions  
   Zlatko Pastor, Czech Republic

4. Sexual beliefs, modes and cognitive schemas in endometriosis women: A barrier in seeking help for sexual pain?  
   Filippo Maria Nimbi, Italy

5. The efficacy of vaginal moisturizers composed β-glucans in treatment of vulvo-vaginal atrophy with post-menopausal women  
   Sun-Tae Ahn, Republic of Korea

### WS-05 WORKSHOP

**13:00 – 14:30**

**Assessment and management of female sexual pain disorders**

Chairs: Philomeen Weijenborg, The Netherlands  
Charmaine Borg, The Netherlands  
Stephanie Both, The Netherlands  
Moniek Ter Kuile, The Netherlands

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### SA-09 INDUSTRY SPONSORED SESSION

**12:00 – 13:00**

**INDUSTRY SPONSORED SESSION**

Chairs: Joao Pedro Nobre, Portugal  
Alain Giani, France

1. The management of orgasm and ejaculation disorders – men and women: The medical approach  
   Marcel D. Waldinger, The Netherlands

2. The management of orgasm and ejaculation disorders – men and women: The psycho-sexual approach  
   Goran Arbanas, Croatia

3. The management of desire disorders – men and women: The medical approach  
   Mijal Luria, Israel

4. The management of desire disorders – men and women: The psycho-sexual approach  
   Francesca Tripodi, Italy

5. EFS/ESSM psychosexology certification  
   Paraskevi-Sofia Kirana, Greece

### ML-03 MASTER LECTURE

**13:30 – 14:00**

**Intralesional collagenase for PD: On label and off-label protocols**

Chairs: Hartmut Porst, Germany  
Hossein Sadeghi-Nejad, USA

Speaker: Juan Ignacio Martinez-Salamanca, Spain

### RT-17 ROUND TABLE

**13:30 – 15:00**

**Joint session of the European Federation of Sexology (EFS) and the ESSM: Medical and psychosexual management of sexual dysfunctions**

Chairs: Kevan Wylie, United Kingdom  
Dimitrios Hatzichristou, Greece

1. The management of orgasm and ejaculation disorders – men and women: The medical approach  
   Marcel D. Waldinger, The Netherlands

2. The management of orgasm and ejaculation disorders – men and women: The psycho-sexual approach  
   Goran Arbanas, Croatia

3. The management of desire disorders – men and women: The medical approach  
   Mijal Luria, Israel

4. The management of desire disorders – men and women: The psycho-sexual approach  
   Francesca Tripodi, Italy

5. EFS/ESSM psychosexology certification  
   Paraskevi-Sofia Kirana, Greece

### RT-13 ROUND TABLE

**14:00 – 15:00**

**EPATH – European Professional Association for Transgender Health session**

Chairs: Guy T’Sjoen, Belgium  
Alessandra D. Fisher, Italy

1. Starting a trans care center, from a sexologist perspective  
   Jiska Ristori, Italy
Friday, 15 February 2019 | Scientific Program

002 Hormone treatment in transgender adolescents
Daniel Klink, Belgium

003 Challenges in surgery for young transgender persons
Mark-Bram Bouman, The Netherlands

RT-18  ROUND TABLE
15:30 – 16:30  Kosovel Hall

ISSM—International Society for Sexual Medicine session
Chairs: Luca Incrocci, The Netherlands
Gerald Brock, Canada

001 An interactive update on ISSM new initiatives
Gerald Brock, Canada

002 Use, misuse and abuse of testosterone and other steroids: What do we know?
Luiz Otávio Torres, Brazil

003 Latest progress of a patient after penile transplantation
Arthur Burnett, USA

004 Treatment of men with psychogenic ED
Annmaria Giraldi, Denmark

DE-03  DEBATE
16:00 – 16:30  Gallus Hall

Is foream het gold standard for phalloplasty?
Chairs: Daniar Osmonov, Germany
David Ralph, United Kingdom

001 Clinical case
Marco Falcone, Italy

002 Pro
Nim Christopher, United Kingdom

003 Con
Rados P. Djinovic, Serbia

DE-04  DEBATE
16:00 – 16:30  Linhart Hall

Hormonal contraceptives and sexuality. Are all the same?
Chairs: Linda Vignozzi, Italy
Lior Lowenstein, Israel

001 Clinical case
Linda Vignozzi, Italy

002 Pro
Michal Lew-Starowicz, Poland

003 Con
Rossella Nappi, Italy

16:30 – 17:00  Break
ML-04  MASTER LECTURE
16:30–17:00  Gallus Hall
Presidential lecture – how to become a professional and the future of Sexual Medicine
Chairs: Carlo Bettocchi, Italy
Francois Giuliano, France
Speaker: Yacov Reisman, The Netherlands

RT-15  ROUND TABLE
17:00–18:00  Gallus Hall
LUTS and sexual dysfunction: Hints for clinical practice
Chairs: Dejan Bratus, Slovenia
Yoram Vardi, Israel
001 Tailoring BPH treatment: Which drug for which patient?
Ferdinando Fusco, Italy
002 5-alpha reductase inhibitors and SDs: Myth or reality?
Luiz Otávio Torres, Brazil
003 Erectile function changes after BPH surgery: Should we expect an improvement?
Mauro Gacci, Italy

RT-16  ROUND TABLE
17:00–18:00  Linhart Hall
Female sexual interest, desire and arousal: Consensus and discordances
Chairs: Chiara Simonelli, Italy
Joao Pedro Nobre, Portugal
001 The DSM V definition: Sexual interest/arousal disorder
Ellen Laan, The Netherlands
002 HSDD by ISSWSH
Paraskevi-Sofi a Kirana, Greece
003 Medical treatment
Annamaria Giraldi, Denmark

ESSM-06  ESSM SESSION
17:00–18:00  Kosovel Hall
Symposium of ICS – International Continence Society
Chairs: Lior Lowenstein, Israel
Michael Krychman, USA
001 POP uterine preservation and sexual function
Mija Blaganje, Slovenia
002 Urinary incontinence and female sexuality
Adolf Luukanovic, Slovenia

ESSM ANNUAL BUSINESS MEETING
18:00–19:00  Room E1-2
ESSM business meeting
– members only–
RT-19  ROUND TABLE
08:00–09:00  Linhart Hall
Pregnancy, parenthood, sexuality and couples adjustment
Chairs: Erika Limoncin, Italy
Miso Rajic, Slovenia
001  Intimate, sexual relationship, first-time parents
Mijal Luria, Israel
002  Couple difficulties in conception, pregnancy & parenting; psychosexual and couples therapy
Jiska Ristori, Italy
003  Sexuality and transition to parenthood
Joao Andre Mendes Carvalho, Portugal

PS-06  PODIUM SESSION
08:00–09:00  Room M3
Late breaking oral presentations
Chairs: Ege Can Serefoglu, Turkey
Sam Ward, Belgium
001  The Masturbation Erection Index (MEI): Validation of a new psychometric tool derived from the International Index of Erectile Function (IIEF-6) and from the Erection Hardness Score (EHS) for measuring erectile function during masturbation
Erika Limoncin, Italy
002  Preoperative erectile dysfunction is a proxy of chronic kidney disease after surgery for renal cell carcinoma – a pilot study
Paolo Capogrosso, Italy
003  Information of erectile dysfunction on youtube: Is it scientific evidence-based?
Javier Mazuecos Quirós, Spain
004  Psychosexual correlates of unwanted sexual experiences in women consulting for female sexual dysfunction according to their timing across the life span
Sarah Cipriani, Italy
005  The mechanisms of erectile dysfunction after administration of anticancer agents in rats
Tomoya Kataoka, Japan
006  Prospective comparison between different regimens of skin disinfection prior to implantation of hydraulic penile prostheses
Danier Osmonov, Germany
007  Effect of change in exercise parameters and body composition on erectile quality and testosterone levels
Ece Hattat, Turkey
008  Child sexual offending is associated with prenatal and epigenetic alterations of the androgen system
Tillmann Krüger, Germany

PS-05  PODIUM SESSION
08:00–09:30  Room E1-2
Hormones and medical treatment
Chairs: Paolo Capogrosso, Italy
Mikkel Fode, Denmark
001  The safety of sildenafil citrate in men with or without cardiovascular disease or risk factors
Robert A. Kloner, USA
002  Collagenase clostridium histolyticum injections for Peyronie’s Disease: Our experience, outcomes and predictive factors for 89 patients
Giovanni Chiriaco, United Kingdom
003  The role of nutritional intervention in the treatment of male hypogonadism secondary to obesity
Massimiliano Caprio, Italy
004  Discontinuation of dapoxetine treatment in patients with premature ejaculation: A 2-year prospective observational study
Hyun-Jun Park, Republic of Korea
005  Low-intensity shockwave therapy for erectile dysfunction: 6 months follow-up results of a randomized clinical trial assessing the impact of energy flux density and frequency of sessions
Ioannis Mykoniatis, Greece
006  How uncommon penile curvatures influence clinical outcomes in patients with Peyronie’s Disease receiving collagenase clostridium histolyticum therapy?
Andrea Cocci, Italy
007  Safety and efficacy of intra-cavernosal Botulinum toxin injection in the treatment of patients with severe erectile dysfunction
Amr Abdel Raheem, United Kingdom
008  Recent trends in incidence of recorded erectile dysfunction, phosphodiesterase type 5 inhibitor prescriptions, hypogonadism and testosterone replacement therapy prescriptions in type 2 diabetic patients in a primary care setting
Patricia Schartau, United Kingdom
009  Both comorbidity burden and low testosterone can explain symptoms and sign of androgen deficiency in men consulting for sexual dysfunction
Giovanni Corona, Italy
010  Effects of daily tadalafil 5mg administration on Post Micturition Dribbling (PMD) in men with lower urinary tract symptoms: A prospective, multicenter, double-blind, placebo-controlled, randomized clinical study
Hyun-Cheol Jeong, Republic of Korea
011  The multimodal treatment for acute phase Peyronie’s Disease
Luigi Gallo, Italy
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012 A comparison of the efficacy and safety between hyaluronic acid and polylactic acid filler injection in penile augmentation: A multicentre, patient/evaluator-blinded, randomised controlled trial Hyun-Cheol Jeong, Republic of Korea

VS-01 VIDEO SESSION
08:00 – 10:00 Kosovel Hall
Tips and tricks in genital and reconstructive surgery
Chairs: Carlo Bettocchi, Italy
        Antoine Faix, France
001 Capsulotomy and mobilization of penile prosthesis reservoir to solve auto-activation
        Jaim Fernandez-Concha, Spain
002 How to improve your Xiapex results in Peyronie’s Disease: The Percutaneous Needle Tunnelling (PNT) technique. Step-by-step surgical video
        Juan Ignacio Martinez-Salamanca, Spain
003 Extra-corporeal trans-septal penile prosthesis implantation for extreme cases of corporeal fibrosis
        Osama Shaeer, Egypt
004 Salvage and extra-capsular implantation for penile prosthesis infection or extrusion
        Osama Shaeer, Egypt
005 Simultaneous supra-pubic lipectomy and penile prosthesis implantation
        Osama Shaeer, Egypt
006 Novel approach in the treatment of corporal fibrosis caused by previous surgery of Peyronie’s Disease
        Marta Skrodzka, United Kingdom
007 Glansectomy with neoglans construction: Step-by-step
        Nuno Ramos, Portugal
008 Post radical cystectomy with ileal conduit pelvic organ repair by vaginal closure
        Adi Halberthal Cohen, Israel

RT-20 ROUND TABLE
09:00 – 10:30 Linhart Hall
The proper drug for the proper patient: Tailored therapy for PE
Chairs: Saturnino Luján Marco, Spain
        Emmanuele Angelo Jannini, Italy
001 Off and on label central acting drugs
        Marcel D. Waldinger, The Netherlands
002 Medical device
        Ege Can Serefoglu, Turkey
003 Topical acting drugs: Focus on the old formulations
        Francois Giuliano, France
004 Insights from clinical experience on topical treatment
        Andrea Salonia, Italy (supported by an educational grant from Recordati)

10:00 – 10:30 Break

SA-10 INDUSTRY SPONSORED SESSION
10:00 – 10:30 Foyer 1
see page 49

WS-07 WORKSHOP
10:00 – 11:30 Kosovel Hall
Swamp for experts: How to manage 4 difficult things in clinical practice:
1. Secret on infidelity
2. Desire discrepancy
3. Different sexual preferences
4. Consensual non-monogamous relationship
Chairs: Paraskevi-Sofia Kirana, Greece
        Marijke Dewitte, The Netherlands
        Francesca Tripodi, Italy
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WS-06 WORKSHOP
09:00 – 10:00 Room M3
Motivational interviewing in clinical practice
Chairs: Yacov Reisman, The Netherlands
        Carla Veiga Rodrigues, Portugal
Details on page 4

VS-02 VIDEO SESSION
10:00 – 12:00 Room E1-2
Tips and tricks in genital and reconstructive penile surgery
Chairs: Fulvio Colombo, Italy
        Javier Romero Otero, Spain
001 Correction of urinary fistula in neophallus in two stages
        Manuel Alonso Isa, Spain
002 Penile prosthesis replacement due mechanical failure in a patient with long-term phalloplasty
        Manuel Alonso Isa, Spain
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003 Inflatable penile prosthesis replacement in phalloplasty
Fulvio Colombo, Italy

004 New phallic reconstruction in a transsexual patient after loss of the original neophallus due to ischemic necrosis
Fulvio Colombo, Italy

005 Synchronously combined implantation of a penile prosthesis (high submuscular reservoir placement) and laparoscopic radical prostatectomy
Jose Torremade Barreda, Spain

006 From pubis to phallus: a complete demonstration of the three stages of radial artery forearm phalloplasty formation
Giovanni Chiriaco, United Kingdom

007 Peyronie Disease: Surgical technique with plaque “H” incision self-adhesive implant
Augusto José Pepe Cardoso, Portugal

ML-05 MASTER LECTURE
10:30–11:00 Linhart Hall
Homophobia and transphobia: From a disease to a global issue
Chairs: Guy T’Sjoen, Belgium
Kevan Wylie, United Kingdom
Speaker: Alexis Dewael, Belgium

005 Ultrasound study of blood flow in vessels of female prostate gland
Viacheslav Grygorenko, Ukraine
O. Romashchenko, V. Biloholovska, S. Melnykov, M. Kosyukhno

006 Sexuality and seeking treatment for sexual dysfunction among Taiwan postmenopausal women using health belief model
Yin Jou Chou, Taiwan
C. M. Shih

HP-06 HIGHLIGHTED POSTER TOUR
10:30–11:00 Foyer 1
Reconstructive surgery
Chairs: Tommaso Cai, Italy
Sam Ward, Belgium

001 The role of magnetic resonance imaging for the diagnosis of penile fracture in real life emergency settings: Comparative analysis with intraoperative findings
Ioannis Sokolakis, Germany
T. Schubert, M. Oelschläger, M. Krebs, J. Gschwend, K. Holzapfel, H. Kübler, G. Gakis, G. Hatzichristoudoulou

002 Radical prostatectomy vs anterior resection of the rectum: Are there any differences in sexuality?
Nuno Ramos, Portugal
R. Ramos, J. Silva, E. Silva

003 Sexual desire assessment in patients with Induratio Penis Plastica (IPP) and recurvatum penis treated with surgical correction
Giandomenico Passavanti, Italy
A. Marinacci, A. M. Aloisi

004 Penile implantation in Slovenia: Successes and complications with 107 implants between 1985 – 2018
Bojan Strus, Slovenia
S. Hawlina

005 Penile skin preservation technique for reconstruction surgery of penile paraffinoma
Yu-Seob Shin, Republic of Korea
J.-K. Park

006 Multiple transverse dorsal incisions patched with Tachosil® in the surgical treatment of Peyronie’s Disease: Preliminary results
João Pedro Cardoso Felício, Portugal
A. Castro, N. Martins, P. Oliveira, J. Dias, T. Lopes, F. E. Martins

Female sexual health and dysfunction – 1
Chairs: Elisa Maseroli, Italy
Simona Repar Bornsek, Slovenia

001 Interoception differentially influences sexual concordance in women with and without sexual dysfunction
Ariel Handy, USA
B. Freihat, L. Zaleta, C. Meston

002 Exploring the willingness of female university students in Southern Taiwan to inoculate human papillomavirus vaccine: Analysis conducted using structural equation modeling
Shu-Ling Yang, Taiwan
C.-M. Shih

003 Characteristics of lower urinary tract symptoms in women with pain of urethral meatus
Su-Jin Kim, Republic of Korea
H. Yoon, Y.-J. Jeong, S.-W. Kim

004 Sexual function of women with ulcer type interstitial cystitis
Hana Yoon, Republic of Korea
W.-S. Chung
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<td>Low-Intensity shock wave therapy: Clinical evidence</td>
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<td>Chairs: Marko Lovšin, Slovenia, Ilan Gruenwald, Israel</td>
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<td>001</td>
<td>Extracorporeal shockwave therapy in Peyronie's Disease</td>
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<td>Georgios Hatzichristodoulou, Germany</td>
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<td>002</td>
<td>LI-SWT for ED: Do we have the best protocol?</td>
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<td>Dimitrios Hatzichristou, Greece</td>
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<td>003</td>
<td>Is there a role for LI-SWT for penile rehabilitation after RP?</td>
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<td>Noam Kitrey, Israel</td>
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<td>11:00–12:00</td>
<td><strong>RT-21 ROUND TABLE</strong></td>
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<td>Linhart Hall</td>
<td>Low-Intensity shock wave therapy: Clinical evidence</td>
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<td>Chairs: Marko Lovšin, Slovenia, Ilan Gruenwald, Israel</td>
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<td>12:00–13:00</td>
<td><strong>SA-12 INDUSTRY SPONSORED SESSION</strong></td>
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<tr>
<td>Kosovel Hall</td>
<td>DHEA &amp; androgens in women: The old new thing</td>
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<td>Chairs: Linda Vignozzi, Italy, Frosina Krstanoska, Slovenia</td>
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<tr>
<td>001</td>
<td>Neurobiology of DHEA and effects on sexuality, mood and cognition</td>
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<td>Alessandra Graziottoin, Italy</td>
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<td>002</td>
<td>Neurobiology of testosterone and effects on sexuality, mood and cognition</td>
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<td>Elisa Maseroli, Italy</td>
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<td>003</td>
<td>The role of androgens in the treatment of genital urinary syndrome of menopause</td>
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<td>Michael Krychman, USA</td>
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<td>12:00–13:30</td>
<td>Break</td>
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<td>13:00–14:00</td>
<td><strong>RT-22 ROUND TABLE</strong></td>
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<tr>
<td>Kosovel Hall</td>
<td>DHEA &amp; androgens in women: The old new thing</td>
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<td>Michael Krychman, USA</td>
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<td>13:30–14:00</td>
<td><strong>ML-06 MASTER LECTURE</strong></td>
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<td>Linhart Hall</td>
<td>Dysregulation of GnRH regulating factors by MetS and effect of physical exercise</td>
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<td>Chairs: Fabio Castiglione, United Kingdom, Maarten Albersen, Belgium</td>
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<td>Speaker: Mario Maggi, Italy</td>
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<td>14:00–15:00</td>
<td><strong>RT-23 ROUND TABLE</strong></td>
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<td>Linhart Hall</td>
<td>Sexual dysfunction: Is it a genetic disease?</td>
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<td>Chairs: Fabio Castiglione, United Kingdom, Omer Onur Cakir, Turkey</td>
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<td>001</td>
<td>The genetics and epidemiology of female sexual dysfunction</td>
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<td>Astrid Ahler, Switzerland</td>
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<td>002</td>
<td>Premature ejaculation: Are genes really important?</td>
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<td>Antonio Aversa, Italy</td>
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<td>003</td>
<td>The genetic basis of Peyronie’s Disease and ED</td>
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<td>Javier Angulo Frutos, Spain</td>
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<td>13:00–14:30</td>
<td><strong>ESSM-07 ESSM SESSION</strong></td>
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<td>Social and behavioral factors' impact on sexual medicine: Symposium of MESSM – Middle East Society for Sexual Medicine</td>
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<td>Chairs: Carlo Bettocchi, Italy, Abdulaziz Baazeem, Saudi Arabia</td>
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<td>001</td>
<td>The unconsummated marriage</td>
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<td>Abdulaziz Baazeem, Saudi Arabia</td>
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<td>Sexuality in ancient Egypt</td>
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<td>Amr El-Meliegy, Egypt</td>
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<td>003</td>
<td>On-line consultation in sexual medicine</td>
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<td>Sandrine Atallah, Lebanon</td>
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002 The study of sexual variation: Physiological and neural correlates during experimental exposure to erotic stimuli (Grant Award ESSM 15-18) Renata Androvicova, Czech Republic

003 Sex addiction in men: Clinical characterization and alterations of brain structure: Sex@Brain study Tillmann Krüger, Germany

004 Clinical efficacy of pharmacological treatment of compulsive sexual behaviours Michal Lew-Starowicz, Poland

13:30–14:00 Dysregulation of GnRH regulating factors by MetS and effect of physical exercise

14:00–15:00 Sexual dysfunction: Is it a genetic disease?

13:00–14:30 Social and behavioral factors’ impact on sexual medicine: Symposium of MESSM – Middle East Society for Sexual Medicine

14:00–15:00 On-line consultation in sexual medicine Sandrine Atallah, Lebanon
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**WS-08 WORKSHOP**

14:30–16:00 Room E1-2

Modern management of gender identity issues

Chairs: Alessandra D. Fisher, Italy
Justine Defreyne, Belgium

*Details on page 42*

15:00–15:30 Break

**ML-07 MASTER LECTURE**

15:00–15:30 Linhart Hall

Award of Excellence lecture: Stem cells for male sexual dysfunction: Do we know enough for starting clinical application?

Chairs: Giovanni Corona, Italy
Yacov Reisman, The Netherlands

Speaker: Maarten Albersen, Belgium

**HP-08 HIGHLIGHTED POSTER TOUR**

15:00–15:30 Foyer 1

Male sexual dysfunction: ED surgical treatment

Chairs: Nim Christopher, United Kingdom
Karen Czeloth, Austria

001 Twenty years of plaque incision and grafting for Peyronie's Disease: A systematic review
Patrick Rice, United Kingdom
B. Somani, R. Rees

002 Plaque incision and grafting for Peyronie's Disease with a cross-linked xenograft
Patrick Rice, United Kingdom
R. Rees

003 Penile curvature: Conservative versus surgical treatment?
Ravit Yehiely Cohen, Israel
I. Gruenwald, B. Appel

004 Kinesiology taping of scrotum – an update of „Mummy wrap”
Lukas Bittner, Czech Republic
L. Zamecnik, R. Valka, C. Bettocchi

005 Experience with incisional corporoplasty for the correction of penile curvature
Patrick Rice, United Kingdom
R. Rees

006 Penile implantation as treatment option for premature ejaculation: What the patient gets?
Andrii Sytenko, Ukraine
I. Gorpynchenko, O. Vintoniv

**HP-07 HIGHLIGHTED POSTER TOUR**

15:00–15:30 Foyer 1

Female sexual health and dysfunction – 2

Chairs: Astrid Ahler, Switzerland
Carla Veiga Rodrigues, Portugal

001 Proper assessment for female vaginal rejuvenation: The need to evaluate the relationship discord and body dysmorphic syndrome
Michael Krychman, USA

002 Association between Dehydroepiandrosterone Sulfate (DHEAS) and self-reported sexual functioning in women
Andrea Burri, Germany
H. Porst

003 First sexual intercourse among high school students in Slovenia
Tina Kogovsek, Slovenia
A. Svab, R. Kuhar

004 Sexual dysfunction in people with Multiple Sclerosis (MS)
Goran Arbanas, Croatia

005 Managing pressing conception goals in vaginismus patients
Xinyi Cheong, Singapore
T. Y. Tan, C. S. L. Chua

006 There is a light at the end of the tunnel-vaginal tunnel
Violeta Jawdokimova, United Kingdom

**HP-09 HIGHLIGHTED POSTER TOUR**

15:00–15:30 Foyer 1

Male sexual dysfunction: IPP

Chairs: Anders Frey, Denmark
Emad Matanes, Israel

001 Current strategies in the management of Peyronie's Disease (PD) – results of a survey of sexual medicine experts across Europe
Hartmut Porst, Germany
A. Burri

002 Outcomes from a single-center prospective post-marketing study on collagenase clostridium histolyticum injections for Peyronie's Disease
Christian S. Fuglesang Jensen, Denmark
S. Quallich, M. Fode, J. Sønsken, B. S. Malaeb, D. A. Ohl

003 Safety of collagenase clostridium histolyticum in patients affected by Peyronie's Disease under anti-platelets or anti-coagulants
Andrea Cocci, Italy
### Scientific Program | Saturday, 16 February 2019

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<td>004</td>
<td>Safety and effectiveness of Collagenase Clostridium Histolyticum (CCH) in the treatment of active Peyronie’s Disease</td>
<td>Amr Abdel Raheem, United Kingdom G. Garaffa, T. M. Abdel-Raheem Aly</td>
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<td>005</td>
<td>A prospective randomized placebo controlled study evaluating the combined effect of Low-intensity Extracorporeal Shockwave Therapy (LI-ESWT) and vacuum erectile device on Peyronie’s Disease</td>
<td>Jonas Mortensen, Denmark P. Bill Juul Ladegaard, S. Møller Skov-Jeppesen, L. Lund</td>
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<td>006</td>
<td>First results of platelet-rich plasma and low intensity extracorporeal shockwave combined therapy for erectile dysfunction</td>
<td>Maya Epifanova, Russia B. Gvasalia, S. Artemenko, M. Durashov</td>
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<td>007</td>
<td>The use of a penile traction device reduces the need of cycles of collagenase in patients with Peyronie’s Disease</td>
<td>Borja Garcia Gomez, Spain J. Romero Otero, M. Alonso-Isa, J. Medina-Polo, E. García-Rojo, D. González-Padilla, A. Rodríguez-Antolín</td>
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<td>008</td>
<td>Total phallic reconstruction in the genetic male: A single centre analysis</td>
<td>Marco Falcone, Italy</td>
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<td>009</td>
<td>An overview on pain after inflatable penile prosthesis implantation: Preliminary results from a single-center prospective cohort study</td>
<td>Carlo Ceruti, Italy</td>
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<td>010</td>
<td>Penoscrotal incision for primary implantation of AMS 800 artificial urinary sphincter</td>
<td>Caroline Jamaer, Belgium</td>
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<td>011</td>
<td>Long-term results in surgical treatment of penile fracture</td>
<td>Dung Mai Ba Ten, Viet Nam</td>
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<td>012</td>
<td>Comparison between two different xenografts in the surgical treatment of Peyronie’s Disease: A single-center experience</td>
<td>Fulvio Colombo, Italy</td>
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<td>013</td>
<td>Which penile implant has the best surgical and satisfaction outcomes? Data from a 203 patients monocentric series</td>
<td>Carlo Ceruti, Italy</td>
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<td>014</td>
<td>Evaluating the efficacy of split thickness skin grafting surgery for male genital reconstruction</td>
<td>Tuan Dang Quang, Viet Nam</td>
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<td>015</td>
<td>Psychological survey and medical form to establish objective evaluation criteria of outcome about phalloplasty in pediatric age</td>
<td>Massimo Di Grazia, Italy</td>
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<td>016</td>
<td>The internet impact on sexuality</td>
<td>Andrea Sansone, Italy</td>
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<td>017</td>
<td>Web as positive resource for sexual medicine</td>
<td>Nuno Tomada, Portugal</td>
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<td>018</td>
<td>Web and sexual medicine</td>
<td>Hester Pastoor, The Netherlands Ahmet Gudeloglu, Turkey</td>
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<td>019</td>
<td>Unsolicited sexual stimulation and web surfing</td>
<td>Eduardo Garcia-Cruz, Spain</td>
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<td>021</td>
<td>The management of stuttering priapism: Our experience in 133 men</td>
<td>Mark Johnson, United Kingdom</td>
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<td>022</td>
<td>Penile implant surgery does not reduce penile size: A prospective study of 122 patients followed up to two years</td>
<td>Mohamad Habous, Saudi Arabia</td>
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<td>023</td>
<td>Larger rod diameters in malleable implant surgery are correlated with more complications and less patient satisfaction</td>
<td>Mohamad Habous, Saudi Arabia</td>
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<td>024</td>
<td>The repair of abnormalities in the penile suspensory ligament</td>
<td>David Ralph, United Kingdom</td>
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<td>025</td>
<td>Soft-silicone penile prosthesis implant in the management of delayed or refractory ischemic priapism</td>
<td>Valerio Vagnoni, Italy</td>
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<td>026</td>
<td>Which patient may benefit the most from penile prosthesis implantation?</td>
<td>Federico Dehò, Italy</td>
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16:00 – 17:30  Room E1-2
Male sexual dysfunction: Epidemiology, risk factors
Chairs: Fabrizio Palumbo, Italy
        Christian S. Fuglesang Jensen, Denmark
001 Symptomatic androgen deficiency develops only when both total and free testosterone decline in obese men who may have incident biochemical secondary hypogonadism: Prospective results from the EMAS
        Giulia Rastrelli, Italy
002 Healthy obesity is a new risk factor for patients with erectile dysfunction or couple infertility
        Giulia Rastrelli, Italy
003 Do we always have to look for erectile dysfunction in patients with lower urinary tract symptoms?
        Paolo Capogrosso, Italy
004 Quality of clinical practice guidelines for the diagnosis and treatment of erectile dysfunction
        Jose Pablo Saffon, Colombia
005 The relationship between depressive symptoms and erectile dysfunction across different ages: Which patients deserve more clinical attention?
        Paolo Capogrosso, Italy
006 Serum homocysteine levels in men with and without erectile dysfunction: A systematic review and meta-analysis
        Andrea Sansone, Italy
007 The findings of polysomnographic and nocturnal penile tumescence testing in men with stuttering priapism
        Mark Johnson, United Kingdom
008 Clinical characteristics of men complaining of premature ejaculation together with erectile dysfunction: A cross-sectional study
        Giulia Rastrelli, Italy
009 Post-coital dysphoria: A knowledge survey in the Italian male population
        Margherita Colombo, Italy
010 Vitamin D status is associated with sexual function impairment: Preliminary findings from a cross sectional study
        Luca Boeri, Italy
011 Longitudinal risk of developing cardiovascular diseases among patients with erectile dysfunction: Which patients deserve more attention?
        Edoardo Pozzi, Italy
012 Is premature ejaculation associated with religious orientation?
        Reza Sari-Motlagh, Islamic Republic of Iran

16:30 – 17:30  Linhart Hall
Take home message
Chairs: Yacov Reisman, The Netherlands
        Giovanni Corona, Italy
001 Basic
        Emmanuel Weyne, Belgium
002 Male
        Giorgio Ivan Russo, Italy
003 Female
        Elisa Maseroli, Italy
004 Sexology
        Charmaine Borg, The Netherlands
005 Surgical
        Gideon Blecher, United Kingdom

17:30 – 18:30  Linhart Hall
ESSM CLOSING CEREMONY
Chairs: Yacov Reisman, The Netherlands
        Giovanni Corona, Italy

Visit the Poster Exhibition in Foyer 1
Thursday, 14 February 2019  10:00 – 17:00
Friday, 15 February 2019  08:00 – 17:00
Saturday, 16 February 2019  08:00 – 17:00
Poster Presentations

**PO-01 POSTER SESSION**

**Male sexual dysfunction**

001 The efficacy of vitamin D/zinc supplementation on erectile dysfunction: A 3-month pilot study
Sun-Tae Ahn, Republic of Korea
S.-W. Kim, J.-J. Kim, D.-G. Moon

002 Sexual intercourse before pumping up: Is it a problem?
Ahmet Tevfik Albayrak, Turkey
C. Yesildal, M. Ilgi, S. L. Kirecci

003 Microsurgical denervation of the spermatic cord: A prospective case series with a review of the literature
Khaled Al-Mekaty, Egypt
A. Abdel Raheem, M. Johnson, A. Mobasher

004 Phytotherapy could improve sperm collection rate in psychogenic anejaculation affecting couples involved in assisted reproduction protocols
Nicola Arrighi, Italy
D. Zani, M. Finamanti, J. Balla, J. Bilaii, S. Bonetti, C. Gastaldi

005 Tradamixin improves libido also in patients affected by iatrogenic erectile dysfunction, independently to effect on this secondary symptom
Nicola Arrighi, Italy
D. Zani, M. Finamanti, J. Balla

006 Intra-operative audible Micro-Doppler ultrasound for microsurgical varicocelectomy
Ahmet Asci, Turkey

007 Effects of nutraceuticals on sexual satisfaction and lower urinary tract symptoms in a cohort of young/old men
Antonio Aversa, Italy
A. Perri, A. Ilacqua, M. Caprio, M. U. De Martino

008 Gender difference and correlation between sexuality, thyroid hormones, cognitive and physical functions in elderly fit
Antonio Aversa, Italy
G. Izzo, G. P. Emerenziani, A. Quattrone, A. Lenzi, M. U. De Martino

009 Electric stimulation hyperthermia relieves inflammation through inhibiting TLR4 signal transduction in chronic prostatitis/chronic pelvic pain syndrome
Woong-Jin Bae, Republic of Korea

010 Synergistic effects of extracorporeal shockwave therapy and Korean herbal formulation on erectile dysfunction in diabetic animal model
Woong-Jin Bae, Republic of Korea

011 OncoTESE results of azoospermic patients with testicular tumors undergoing orchietomy and patients with malignancies developing azoospermia after cytotoxic treatment
Mustafa Emre Bakircioglu, Turkey
Y. Kizilkan, U. Gul, I. Ure, T. Turunc

012 Tadalafil modulates aromatase and androgen receptor expression in human prostatic adenocarcinoma cells in vitro
Viviana Bimonte, Italy
A. Aversa, S. Fittipaldi, E. Greco, A. Lenzi, S. Migliaccio

013 Comparisons between 4 contributing factors towards the outcome of sperm retrieval surgeries in men with azoospermia
Ponco Birowo, Indonesia
D. T. Prasetyo, N. Rasyid

014 Impact of undiagnosed prediabetes on phosphodiesterase type 5 inhibitors response in men with erectile dysfunction
Luca Boeri, Italy
P. Capogrosso, E. Ventimiglia, W. Cazzaniga, E. Pozzi, N. Schifano, F. Chierigo, C. Abbate, E. Montanari, F. Montorsi, A. Salonia

015 One out of three men seeking medical help for erectile dysfunction has blood glucose levels suggestive for undiagnosed hyperglycaemia: Worrisome picture from the real-life setting
Luca Boeri, Italy
P. Capogrosso, E. Ventimiglia, E. Pozzi, N. Schifano, F. Chierigo, R. Zuabi, C. Abbate, E. Montanari, F. Montorsi, A. Salonia

016 Premature ejaculation is not associated with pre-diabetes in men seeking medical help for sexual dysfunction: Findings from a cross-sectional study
Luca Boeri, Italy
P. Capogrosso, E. Ventimiglia, W. Cazzaniga, E. Pozzi, F. Chierigo, C. Abbate, E. Montanari, F. Montorsi, A. Salonia

017 Rat model for radical prostatectomy: The great deception. Long term consequences of bilateral cavernous crush injury in normal and diabetic rats
Fabio Castiglione, United Kingdom
P. Hedlund, A. Muneer, G. Garaffa, S. Fiorenzo, D. Ralph, P. Sooriakumaran, F. Montorsi, S. Joniau, M. Albersen
018 Comparative pharmacokinetic and bioavailability studies of monotropein, kaempferol 3-O-glucoside and quercetin 4’-O-glucoside after oral and intravenous administration of MOTILIPERM in rats
Bo-Ram Choi, Republic of Korea

019 Male-to-Female (MtoF) sex reassignment surgery: Modified surgical approach for the glans reconfiguration in the neoclitoris (M-shape neoclitoplasty)
Gian Martin Cito, Italy

020 New method of histological analysis after bilateral multiple conventional Testicular Sperm Extraction (c-TESE) in infertile patients with azoospermia
Gian Martin Cito, Italy

021 The association between sexual self-esteem and lesbian, gay, and bisexual (LGB) identity
Luís Miguel Coelho Carreiras, Portugal
E. Štrukelj, J.-C. Giger

022 The effect of vitamin D replacement in PDE-5 inhibitors-resistant erectile dysfunction patients
Mehmet Culha, Turkey
H. A. Atalay, S. Ozbir, F. Altunrende

023 Sexual desire in transgender persons in relation with gender affirming hormone treatment. Results from ENIGI, a large multicenter prospective cohort study in transgender people
Justine Defreyne, Belgium
B. Kreukels, G. T’Sjoen, G. Heylens, E. Elaut

024 Sexual fantasies – a time to think again and broaden our horizons
Noa De-Lacerda, Portugal
E. Strukelj, J.-C. Giger

025 46, XY Cloaca Estrophy: Sex assignment and reassignment
Massimo Di Grazia, Italy

026 Experimental assessment of platelet-rich plasma safety and effectiveness for spermogenesis correction in the rat: Final results
Maya Epifanova, Russia
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002 The importance of reproductive and sexual education in women – an observational cross-sectional study and comparison of two educational systems
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003 Interprofessional education to enhance interprofessional collaboration in managing female sexual dysfunction: A Singapore perspective
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T. Y. Tan, X. Cheong

004 Advanced paternal age influences the fertilization rate in donor egg Intracytoplasmic Sperm Injection (ICSI) cycles
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WS-01 WORKSHOP
11:00–12:30 Kosovel Hall
Practical management of erectile dysfunction in men with endocrine disorders
Chairs: Hartmut Porst, Germany  
Michael Zitzmann, Germany

Aims and learning objectives
1. To understand underlying endocrine mechanisms leading to ED, especially
   ▶ Hypogonadism
   ▶ Hyperprolactinemia
2. To differentiate these mechanisms from cardiovascular risk factors
   ▶ Type 2 Diabetes
   ▶ Smoking
   ▶ Arterial hypertension, dyslipidemia, obesity

Contents
1. Lecture on Hypogonadism in men in relation to ED and metabolic risk
   ▶ Case
2. Lecture on Hyperprolactinemia in relation to ED
   ▶ Case
3. Discussion with audience

WS-02 WORKSHOP
16:00–17:00 Kosovel Hall
How to survive infertility treatments: What clinicians can do to help couples in protecting their sexual life
Chairs: Garbrijela Simetinger, Slovenia  
Astrid Ahler, Switzerland

The aim of the workshop is to provide participants with clinical knowledge on the management of infertile couples and the impact of infertility treatments on their sexual life

Learning objectives
▶ To understand medical and psychogenic causes of infertility and its possible treatments
▶ To understand the burden of infertility and its impact on couples and their sexual life
▶ To understand psychosexual therapy and medical therapies of related sexual dysfunction—based on research evidence base and clinical experience
▶ To understand the important parts of the diagnostic workup including the sexual history taking

Contents
The workshop will be structured around the following questions that will be discussed
▶ What are the causes of infertility and possible treatment options?
▶ What is the burden of infertility for women, men and the couple?
▶ What is egg and what is chicken? Infertility as a cause or a result?
▶ How to refocus on the couple life when sex is mainly determined by timed intercourse?
▶ How to maintain an image of a sexual being when the focus is on the reproductive (in)ability?
▶ Am I still a woman/man if I fail to become or create a pregnancy?
▶ How to deal with the fact being “the cause” of the couples infertility?
▶ How to deal with the failure of an infertility treatment and the sexual dysfunction related?
WS-03 WORKSHOP
09:00 – 10:00 Room E1-2
Sexual dysfunctions in single individuals – the treatment challenge
Chairs: Nuno Trovao, Portugal
Omer Onur Çakır, Turkey

Aim: To improve participants’ awareness and clinical soft skills on the management of sexual dysfunctions singles are more prone to.

Learning objectives
- To discuss the main risk factors and sexual dysfunctions among individuals uninvolved in affective relationships
- To inform participants about the appropriate attitude in dealing with the patient and collect a valuable clinical anamnesis
- To review the diagnostic approach and workup
- To understand the place for medical, surgical and psychosexual therapies, based on research evidence base and clinical experiences

Contents
The workshop will include arranging the audience in groups, that will be given clinical vignettes to discuss. It will be structured around the following questions:
- Erectile dysfunction, premature ejaculation and delayed ejaculation/anejaculation in occasional sexual contacts among the single male:
  - risk variables related to single-status
  - differences between heterosexual and homosexual men
  - the role of pornography consumption and dating media use
  - diagnostic flowchart
  - integrative and combined psychological and medical treatment
- Low desire/arousal disorder and orgasmic disorders in occasional sexual contacts among the single female:
  - risk variables related to single-status
  - differences between heterosexual and homosexual women
  - the role of fertility and societal pressure
  - diagnostic flowchart
  - integrative and combined psychological and medical treatment
- Low desire/arousal, mental health and single status
  - addressing the bidirectional risk between anxiety and/or depression and low desire/arousal disorder
  - differential diagnosis workup
  - single status — screening sexual dysfunctions versus preventing pathologization

WS-04 WORKSHOP
10:00 – 11:00 Room E1-2
Sexual dysfunction: The impact on partners
Chairs: Paraskevi-Sofia Kirana, Greece
Eliane Sarasin Ricklin, Switzerland

The aim of the workshop is to show the impact of a sexual dysfunction on the partner and how this may sabotage our treatment strategies if not taken into account.

Learning objectives
- To understand the possible sexual, psychological and interpersonal consequences of female genito-pelvic pain and low desire disorder, as they are related to the male partner
- To understand the possible sexual, psychological and interpersonal consequences of premature ejaculation and erectile dysfunction, as they are related to the female partner
- To understand how the consequences of a SD intervene with treatment
- To identify common decision making issues of the therapeutic design, when partner related issues are obstacles to treatment

Contents
The workshop will be structured around the following questions that will be discussed based on the literature and clinical cases
- How does the impact of a female sexual disorder differ from that of a male sexual disorder?
- What is the sexual, psychological and interpersonal impact of dyspareunia and low desire on the partner?
- What is the sexual, psychological and interpersonal impact of erectile dysfunction and premature ejaculation on the partner?
- How can the consequences on the female partner sabotage treatment strategies for a male sexual dysfunction?
- How can the consequences on the male partner sabotage treatment strategies for a female sexual dysfunction?
- What are the crucial questions of the sexual history that refer to the partner’s impact on the SD?
- What are some management tips for partner related treatment obstacles?
WS-05 WORKSHOP
13:00–14:30 Room M3
Assessment and management of female sexual pain disorders
Chairs: Philomeen Weijenborg, The Netherlands
Charmaine Borg, The Netherlands
Stephanie Both, The Netherlands
Moniek Ter Kuile, The Netherlands

The aim of the workshop is to provide participants with clinical knowledge on the management of female patients with sexual pain disorders (dyspareunia and vaginismus).

Learning objectives
- To understand medical, psychological, and partner related factors in sexual pain disorders
- To understand the important parts of the diagnostic phase including medical examination and sexual history taking
- To identify decision making issues in choosing the right treatment for sexual pain disorders
- To understand the rationale and content of cognitive behavioral therapy for sexual pain disorders—based on research evidence and clinical experience

Contents
The workshop will be structured around the following questions that will be discussed
- Are sexual pain disorders a somatic or a psychological problem?
- Which are the crucial parts of the diagnostic procedure for sexual pain disorders?
- What are important components of cognitive behavioral treatment for dyspareunia and vaginismus?
- What can be difficulties in the treatment of sexual pain disorders?
- How can you translate the provided knowledge to your own clinical practice?

WS-06 WORKSHOP
09:00–10:00 Room M3
Motivational interviewing in clinical practice
Chairs: Yacov Reisman, The Netherlands
Carla Veiga Rodrigues, Portugal

The aim of the workshop is to provide participants with basic knowledge and skills for the clinical application of Motivational Interviewing (MI) method in Sexual Medicine consultation.

Learning objectives
- To understand the underlying spirit and approach of MI
- To recognize the reflective listening responses and differentiate them from other counseling responses
- To identify possible obstacles in applying MI and how to surpass them
- To integrate MI tools into a sexual medicine consultation
- To understand the advantages of MI to motivate patient’s towards change and identify its limitations

Contents
A workshop is only the beginning of learning MI. MI is more than a tool, it is a skill to be trained and acquired during time. Motivational interviewing is a collaborative, person-centered form of guiding in order to elicit and strengthen motivation for change. This technique focuses on identifying our patient’s ambivalent feelings towards change and use them in order to elicit motivation and energy towards a new behavior set, while avoiding resistance (e.g., confrontation, blame, label) and supporting self-efficacy.

As health care professionals (HCP) working on the 21st century, chronic illness is the core of our care, quite often related to unhealthy behaviors. Patient’s adherence to the proposed treatment plans and lifestyle changes necessary to increase their longevity and reduce comorbidities is crucial for better outcomes. MI can assist the HCP to achieve better results and satisfaction among their patients.

During the workshop the background and principles of MI will be introduced and contextualized into the setting of sexual medicine problems in consultation.
### WS-07 Workshop

**WS-07 Workshop**

10:00 – 11:30  
Kosovel Hall

**Swamp for experts: How to manage 4 difficult things in clinical practice:**

1. Secret on infidelity  
2. Desire discrepancy  
3. Different sexual preferences  
4. Consensual non-monogamous relationship

**Chairs:**  
Paraskevi-Sofia Kirana, Greece  
Marieke Dewitte, The Netherlands  
Francesca Tripodi, Italy

**Aim:** To provide participants with clinical knowledge on the management of difficult situations in clinical practice, where almost no literature is available for guidance. Three experienced psychotherapists will present and discuss with the audience on how they manage clinically these circumstances, affording pros and cons of each situation.

**Learning objectives**

- To be aware of difficult situations in clinical practice
- To recognize the importance of setting, goals of the treatment and position of the therapist
- To understand the relevance of culture, beliefs, and stereotypes both in clients and therapist when dealing with differences within couples
- To improve clinical decision-making through the modelling of the experts

**Contents**

The workshop will be structured with the experts answering on the management of the following situations:

1. Secret on infidelity  
2. Desire discrepancy  
3. Different sexual preferences  
4. Consensual non-monogamous relationship

The workshop is meant to be as practical as possible. Each expert will share her own considerations on the topics, with the context in which these situations take place and the therapeutic strategies. The focus will be on providing suggestions that the clinicians should take into account, and to discuss with the audience about the effectiveness in clinical practice. Coming from different backgrounds and countries, the three experts will represent a good range of perspectives, that will fit the heterogeneity of the participants.

### WS-08 Workshop

**WS-08 Workshop**

14:30 – 16:00  
Room E1-2

**Modern management of gender identity issues**

**Chairs:**  
Alessandra D. Fisher, Italy  
Justine Defreyne, Belgium

The aim of the workshop is to provide practical tips and tricks about psychological and medical support according to modern management of transgender healthcare.

**Learning objectives**

- To understand sexual identity and gender spectrum definitions
- To understand diagnostic criteria of gender incongruence/gender dysphoria
- To understand individualized treatment importance
- To understand hormonal therapy efficacy and safety
- To enhance the participants’ clinical practice and knowledge on modern management of gender incongruence/gender dysphoria

**Contents**

The workshop will be structured around the following topics that will be discussed:

- Introduction, terminology and diagnoses
- Treatment requests and standards of care
- Psychological issues and recommendations for mental health care
- Endocrinological issues and recommendations for endocrine care
- Clinical questions and case discussions
Benefits from Becoming an ESSM Member

- ESSM offers its members a permanently updated website with different forums and a monthly update of the whole scientific literature of Sexual Medicine, Andrology and related medical disciplines.

- ESSM provides its members twice a year with the newsletter “ESSM Today” which features the most recent news in the field of Sexual Medicine and focuses on key topics of interest to physicians in the field.

- ESSM has supported the creation of the Multidisciplinary Joint Committee on Sexual Medicine (MUCSM) that is working under the auspices of the European Union of Medical Specialists (UEMS). MUCSM’s objectives are to study, promote and harmonize the highest level of Sexual Medicine in Europe – both on the basic and postgraduate level. The MUCSM will determine the standards for training and assessment in Sexual Medicine. Successful candidates will be awarded on behalf of the MUCSM the title of “Fellow of European Committee on Sexual Medicine (FECSM).

- Since 2007 ESSM has offered interested ESSM members the participation in a course of the European School of Sexual Medicine. Since 2013 the course is held in Budapest with the participation of more than 40 students from all over the world, supervised by the School Directors Yacov Reisman and Francesca Tripodi.

- Besides this structured course ESSM offers at its annual congresses both instructional courses related to topics of interest in Sexual Medicine and Master Courses covering the key contents of the ESSM educational program.

- ESSM provides to its members important research grants which all members are welcome to apply for according to eligibility criteria. These are intended to further research into any aspect of Sexual Medicine and are awarded with a maximum of EUR 30,000.00 each for a maximum of 18 months project duration.

- ESSM recognizes that basic scientists who are not actively engaged in clinical work in sexual medicine field may have had difficulty finding funds to attend the ESSM Annual Congresses.

- Fellowship support options are available either on individual application, supported by the National Affiliated Societies or by applying to different initiatives supported by the ESSM and open for members to apply upon invitation.

Take Your Chance – Become a Member of ESSM, Now!

Seize the day, or in Latin “carpe diem” and become a member of ESSM now, to take all the advantages and benefits of ESSM membership.

There are two levels of ESSM membership available:

ESSM/ISSM Membership
A combined ESSM/ISSM membership (annual fee 160 EUR) for both Sexual Medicine Societies (ESSM/ISSM) including all ESSM and ISSM membership related services, including a subscription to the online version of the Journal of Sexual Medicine which is the monthly journal of the ISSM (International) and ESSM (European), and is the leading Journal in the field of Sexual Medicine. In addition there are reduced registration fees for all ISSM/ESSM related congresses.

ESSM only Membership
ESSM only membership (annual fee 50 EUR – reduced to 25 EUR for residents in training) which includes the ESSM official Scientific and Social periodical, the „ESSM Today“, full access to the new comprehensive ESSM website:

www.essm.org

(including regularly updated scientific material, monthly updated literature reviews, the most recent guidelines, lecture recordings and presentations from past ESSM congresses), the opportunity to participate in the ESSM educational programs, and to apply for scientific and support grants and a reduced fee for the ESSM annual congress.

Formal ESSM membership applications can either be submitted directly to the ESSM or through one of the national ESSM affiliated societies. The ESSM Executive Committee is responsible for the approval of the membership application.

ESSM Annual Membership Fees (January to December)

<table>
<thead>
<tr>
<th>Membership Type</th>
<th>Fee</th>
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<tbody>
<tr>
<td>Combined ESSM/ISSM Fee incl. online version of the JSM Journal</td>
<td>EUR 160</td>
</tr>
<tr>
<td>ESSM only Fee</td>
<td>EUR 50*</td>
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</tbody>
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* A reduced fee EUR 25 is available for residents in training against proof of evidence.

European Society for Sexual Medicine
ESSM SECRETARIAT
Daniela Pajola | Via Ripamonti 129 | 20141 Milano, Italy
phone: +39 02 – 56601 625 | fax: +39 02 – 70048 577
email: admin@essm.org

www.essm.org
CONGRESS REGISTRATION COUNTER

All congress materials and documentation will be available at the congress registration counter. The congress staff will be pleased to help you with all enquiries regarding registration, congress material and congress program. Please do not hesitate to contact the staff members if there is anything they can do to make your stay more enjoyable.

Opening Hours

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
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<tbody>
<tr>
<td>Thursday, 14 February 2019</td>
<td>07:30 – 19:00</td>
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<tr>
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<td>07:00 – 18:30</td>
</tr>
<tr>
<td>Saturday, 16 February 2019</td>
<td>07:30 – 17:30</td>
</tr>
</tbody>
</table>

During opening hours the congress counter can be reached by phone at: +386 –12417400

REGISTRATION FEES

Registrations received after 10 February 2019 will be processed as on-site registrations. Delegates invited by companies will receive their badges directly from the sponsoring company.

The registration fee includes:
- Admission to all scientific sessions and workshops
- Admission to poster and technical exhibition
- Admission to the ESSM opening ceremony and networking reception on 14 February 2019
- Conference materials, such as delegate bag, final program
- Coffee breaks and a snack lunch from Thursday to Saturday

On-site registration fees EUR

<table>
<thead>
<tr>
<th>Category</th>
<th>Fee</th>
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<tbody>
<tr>
<td>ESSM member, physicians (MD)</td>
<td>600</td>
</tr>
<tr>
<td>Non-member, physicians (MD)</td>
<td>700</td>
</tr>
<tr>
<td>ESSM members reduced fees*: Nurses, residents in training, scientists (PhD), psychologists, therapists, students</td>
<td>250</td>
</tr>
<tr>
<td>Non-members reduced fees*: Nurses, residents in training, scientists (PhD), psychologists, therapists, students</td>
<td>300</td>
</tr>
<tr>
<td>Medical students only**</td>
<td>75</td>
</tr>
</tbody>
</table>

* A letter of the Chairman of the department is necessary.
** A letter of the chairman of the Department and a valid student ID are necessary. CPO reserves the right to check the status with the ESSM.

CONGRESS LANGUAGE

The congress language is English. Simultaneous translation will not be provided. Symposia in national languages organized by the National Affiliated Societies (NAS) will be offered throughout 14 February 2019.

PUBLICATIONS FOR PROCEEDINGS

The European Society for Sexual Medicine retains the right to publish all material presented at the congress in an ESSM publication.

ABSTRACT PUBLICATION

Accepted abstracts that are presented during the congress will be published in the online JSM supplement available from end of March 2019. Accepted abstracts that are not presented by the author or a presenter will not be published in the JSM online supplement.

Abstracts will also be published in CO CONGRESS ONLINE® from one day prior to the congress (13 February 2019) on the congress website and on CONGRESS MOBILE®, the congress app.

CO CONGRESS ONLINE®

For the 21st ESSM Congress 2019 the web-based congress information system CO CONGRESS ONLINE® has been set up again at www.essm-congress.org.

Prior to the congress CO CONGRESS ONLINE® will provide information on:
- Up-to-date information about the preparation of the congress
- List of topics
- Call for oral presentations, posters and videos
- Preliminary and final scientific program
- Accepted abstracts
- List of exhibitors
- Acknowledgements of sponsors
- Congress venue
- City of Ljubljana
- Hotel accommodation
- Travel to Ljubljana
- News and updates
PROGRAM CHANGES

ESSM cannot assume liability for any changes in the congress program due to external or unforeseen circumstances.

SPEAKER’S CENTRE

The speaker’s centre is located in room M1 on level -1 of the Cultural and Congress Centre Cankarjev Dom. Speakers are asked to hand in their USB stick, containing the PowerPoint presentation (IBM format or compatible, no multisession) preferably one day before their presentation but at least 90 minutes prior to the presentation. The presentation will be transferred to the central congress server and will be available afterwards on a special congress notebook in the hall of the presentation. Due to time and technical reasons we kindly ask the speakers not to use their own notebook. Several PC working stations are provided in the speaker’s centre where speakers can also work on their PC charts in a quiet area. Technical staff will be glad to assist. Videos must be submitted until 15 February 2019.

Opening Hours

<table>
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Operated by ESTENSIS GmbH – the Conference buddies

ESSM 2019 APP CONGRESS MOBILE®

Get the ESSM 2019 congress app for your smart phone now and experience the congress at your fingertips! Stop carrying around piles of paper and quickly find your way through the most up to-date congress schedule. Just take the congress with you, wherever and whenever you want! The app is completely free and provides iPhone/iPad and android users at ESSM 2019 in Ljubljana with on-the-go access to the schedule and vital information around the congress.

Powered by GLOBIT’s acclaimed CONGRESS MOBILE® software.

Further information is given at www.essm-congress.org/app

WIRELESS LAN

As a courtesy to all participants wireless LAN is available at the congress venue. Please select WiFi network (SSID): ESSM2019, Password: essm2019.

NAME BADGES

All participants are kindly requested to wear their name badge at all times during the congress. The colors of the name badges have the following significance:

- Blue ➔ Congress delegate
- Green ➔ Faculty
- Yellow ➔ Press
- Red ➔ Exhibition
- Pink ➔ Staff

RIBBONS

From this year on, ESSM would add colored ribbons to the badge of active members in different committees, education and certification. These are not only for decoration, but also show appreciation. It gives others the possibility to recognize members who are familiar in the ESSM structure and activities and gather information and experiences from them, when needed. The persons who fulfill the criteria will get their ribbons at the registration desk upon collecting their badge.

Color explanations

- Blue ➔ President
- Purple ➔ Executive committee members
- Green ➔ Chairs and members of the different ESSM committees (Scientific, Educational, YoSeMa, Examination)
- Yellow ➔ Training leader for persons who lead fellowships, educational centers and the ESSM School
- Red ➔ Fellow of the European Committee for Sexual Medicine (FECSM)
- Pink ➔ Fellow of the EFS-ESSM Certified Psycho-Sexologist (ECPS)

SOCIAL EVENTS ON 14 FEBRUARY 2019

Opening Ceremony with world class musical act “Perpetuum Jazzile” from 18:30 – 19:30 in Gallus Hall.

Sexual Health Awareness Event

To celebrate the first ESSM congress in Eastern Europe we invite you to a Sexual Health Awareness Event. We are organizing a Valentine’s day concert that will start on 14 February at 18:00 on the Town square in front of the Town Hall in Ljubljana. The performers are Želja pokakavo, Jackson and BO!, culminating at 21:00 with the performance by Darja Svaiger, who represented Slovenia twice at Eurovision Song Contest.
General Information

TECHNICAL EXHIBITION
The technical exhibition will be situated in the Grand Reception Hall on Ground floor and the Foyer 1 on Level -1 of the Cultural and Congress Centre Cankarjev Dom. Coffee bars will be located in the technical exhibition.

Opening Hours
Thursday, 14 February 2019 10:00 – 19:30
Friday, 15 February 2019 08:00 – 17:00
Saturday, 16 February 2019 08:00 – 17:00

POSTER EXHIBITION
Posters and highlighted posters will be sited in the Foyer 1 on Level -1 of the Cultural and Congress Centre Cankarjev Dom.

ESSM highlighted poster tours will take place mid-morning and afternoon of the congress day. You will find the times of the sessions in the scientific program. Each poster tour includes up to seven poster presentations chaired by two senior scientists.

Opening Hours
Thursday, 14 February 2019 10:00 – 17:00
Friday, 15 February 2019 08:00 – 17:00
Saturday, 16 February 2019 08:00 – 17:00

Set up: Thursday, 14 February 2019 08:00 – 10:00
Removal: Saturday, 16 February 2019 17:00 – 18:00

Posters that have not been removed by the respective time will be disposed of. Poster material to put up the poster is available at the poster desk close to the poster area during the hanging. Alternatively, you will get the poster material at the registration counter.

ESSM MEMBERSHIP ISSUES
For ESSM membership issues and any other ESSM business, please contact our ESSM booth which is situated in the Foyer 1 on Level -1 of the Cultural and Congress Centre Cankarjev Dom.

COFFEE BREAKS AND LUNCHES
Coffee and tea will be served daily from Thursday, 14 to Saturday, 16 February 2019 free of charge to all participants wearing a congress badge. A daily snack lunch will be served in the exhibition area. The congress venue also provides several snack bars, where beverages and snacks can be purchased.

CLOAKROOM
A cloakroom free of charge is available in the Grand Reception Hall on the Groundfloor of the Cultural and Congress Centre Cankarjev Dom. Delegates can also store their luggage here.

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PRAYERS ROOM
There is a room set apart for prayers. It is a quiet place, where delegates may withdraw to see divine strength and guidance. Please follow the signage.

EMERGENCY AND FIRST AID
In the case of emergency please address the staff at the registration counter in the entrance area of the Cultural and Congress Centre Cankarjev Dom. The attentive staff will be pleased to help.

RECORDING
Cameras, video cameras or audio recording devices are not permitted in the session rooms. Any recording of sessions is strictly forbidden.

SMOKING
The Cultural and Congress Centre Cankarjev Dom is a non-smoking venue. Smoking is prohibited within the congress venue.

VISA
The entry formalities for Slovenia vary according to the country of origin. Please address enquiries about entry and vaccination to your travel agent or the local Slovenian consulate. For citizens of many but not all countries, a valid passport (or personal identity card for residents of EU) is sufficient to enter Slovenia. Participants are advised to check visa requirements at the nearest Slovene embassy or consulate. Information on visas and addresses of Slovene embassies is available on the website of the Slovene Ministry of Foreign Affairs at: http://www.mzz.gov.si.

INSURANCE
The congress fee does not include insurance. All participants should arrange for their own insurance. Health and accident insurance are recommended and has to be purchased in your country of origin.
FORCE MAJEURE

For reasons beyond its control (such as war, strikes, lockouts, riots or any such civil disturbances, any acts of god, including but not limited to earthquakes, floods, droughts and typhoons and any other cause of circumstance of whatsoever nature beyond control) that have an impact on the arrangements, timetables or planning of the 21st Congress of the European Society for Sexual Medicine and its corresponding activities in Ljubljana, Slovenia, ESSM has the right to immediately alter or cancel the activities or events or any of the arrangements, timetables, plans or other items relating directly or indirectly thereto no party involved shall be entitled to any compensation for damages that result from such alteration or cancellation.

TIME

During wintertime from November to March the time zone in Slovenia is CET (Central European time or UTC+01:00).

CURRENCY

Euro (EUR/€) is the official currency of Slovenia. Major credit cards are generally accepted by most of the hotels, restaurants and shops.

CLIMATE

Ljubljana has temperate climate and four distinct seasons with fairly hot summers, cold winters, nice and pleasant spring and wet autumn. Winter lasts from December to March. February is the month with the most snowfall, with a little over 25 centimeters and an average of 5°.

BANK AND ATM

Most banks in Slovenia have automated teller machines (ATMs) that give cash advances on foreign cards, such as VISA, Cirrus, Citibank, and American Express.

ELECTRICITY

The local voltage is 230 V with C/F plugs. A voltage converter and plug adapter is needed for US and UK appliances.

SAFETY

Please make sure to take off your badge and congress bag when you go sightseeing in downtown Ljubljana. Wearing the badge and bag identifies you as a tourist which might attract pickpockets.

Opening Ceremony
14 February 2019
18:30 – 19:30 Gallus Hall
Opening speeches followed by world class musical act “Perpetuum Jazzile”

Networking Reception
14 February 2019
19:30 – 20:30 Exhibition area

Sexual Health Awareness Event
14 February 2019
To celebrate the first ESSM congress in Eastern Europe we invite you to a Sexual Health Awareness Event. We are organizing a Valentine’s day concert that will start at 18:00 on 14 February on the Town square in front of the Town Hall in Ljubljana. The performers are: Zelja po kakavu, Jackson and BO! Highlight: The performance by Darja Svažiger at 21:00 who represented Slovenia twice at Eurovision Song Contest.
Industry Sponsored Sessions

14 February 2019

**SA-02** INDUSTRY SPONSORED SESSION
15:00 – 16:00 Room M2
Patient education and counselling for implant surgery – communication skill workshop
Speakers: Sam Ward, Belgium
Chantelle Otten, Australia

Register at the counter for this workshop
Supported by an educational grant from Boston Scientific

**SA-01** INDUSTRY SPONSORED SESSION
16:00 – 17:30 Gallus Hall
Semi live surgery: What’s new and what’s obsolete in prosthetic urology?
Chair: Steven K. Wilson, USA

Paradigm changes in prosthetic urology after 40 years
Steven K. Wilson, USA

Why high volume implanters are embracing ectopic placement of IPP and AUS reservoirs
Daniar Osmonov, Germany

New procedure for climacturia and incontinence: The mini jupette
Koenraad van Renterghem, Belgium

Simultaneous laparoscopic reservoir placement at time of robotic prostatectomy
Jay Simhan, USA

Sliding procedures are obsolete: New procedures for penile lengthening and plaque incision
Giulio Garaffa, United Kingdom

New protocol for post operative pain control after IPP
Jay Simhan, USA

What’s valid and what is anecdotal in prevention of device infection
Daniar Osmonov, Germany

New ways to attract interest in penile implants?
Koenraad van Renterghem, Belgium

Supported by an educational grant from Coloplast

15 February 2019

**SA-05** INDUSTRY SPONSORED SESSION
07:30 – 08:30 Kosovel Hall
Update on Hypogonadism therapy
Chairs: Marija Pfeier, Slovenia
Andrea M. Isidori, Italy

Opening remarks
Marija Pfeier, Slovenia

Supported by an educational grant from FOTONA

002 Testosterone therapy in men with diabetes
Sandeep Dhindsa, USA

003 Safety of testosterone therapy
Mohit Khera, USA

004 Practical management of hypogonadal men with testosterone therapy
John Coxon, United Kingdom

005 Closing remarks
Andrea M. Isidori, Italy

Supported by an educational grant from Bayer

**SA-06** INDUSTRY SPONSORED SESSION
09:00 – 10:30 Kosovel Hall
Innovation platform
Chairs: Salvatore Sansalone, Italy
Mikkel Fode, Denmark

The purpose of the platform is to give insights into new developments and future directions within Sexual Medicine directly from a selection of innovative companies.

001 Abdullah Albeayatti
Medicalchain

002 Tai Gollan
Virility Medical

003 Debbie Wilkerson
Viveve

004 Scott Peterson
Boston Scientific

005 David Elizondo
Coloplast

**SA-07** INDUSTRY SPONSORED SESSION
10:00 – 10:30 Foyer 1
The role of FOTONA Smooth ErYAG laser in sexual dysfunction

001 FOTONA Smooth Erbium Laser Technology for vaginal relaxation syndrome, genitourinary syndrome of menopause and episiotomy scars
Zdenko Vizintin, Slovenia

002 Laser treatment of stress urinary incontinence, pelvic organ prolapses and Lichen Sclerosis et Atrophicus
Zdenko Vizintin, Slovenia

Supported by an educational grant from FOTONA
Industry Sponsored Sessions

15 February 2019

SA-08 INDUSTRY SPONSORED SESSION
10:30 – 11:30 Kosovel Hall
Boston Patient Event: ED and Diabetes – the couples perspective
Speaker: Tony and Jayne Battle, United Kingdom
Asif Muneer, United Kingdom
Supported by an educational grant from Boston Scientific

SA-03 INDUSTRY SPONSORED SESSION
10:30 – 11:00 Gallus Hall
Sex and genital psoriasis: Overview, impact and clinical trials data
Speaker: Lyn C. Guenther, Canada
Supported by an educational grant from Eli Lilly and Company

SA-09 INDUSTRY SPONSORED SESSION
12:00 – 13:00 Linhart Hall
Male sexual health: The balance of tridimensional approach
Chair: Emmanuele Angelo Jannini, Italy
001 Introducing systems sexual medicine: A new tridimensional approach
Emmanuele Angelo Jannini, Italy
002 Male sexual problems-Same same but different?: From patient to couple
Andrea Burri, Germany
003 In the ‘heart’ of sexual dysfunction
Michael Doumas, Greece
004 3D and beyond: Understanding what PE really is
Emmanuele Angelo Jannini, Italy
005 Conclusions & Q&A
Emmanuele Angelo Jannini, Italy
Supported by an educational grant from Menarini Group

SA-04 INDUSTRY SPONSORED SESSION
14:00 – 16:00 Gallus Hall
Semi-live surgery: Penile implant – the future and advanced techniques
Speakers: Koenraad van Renterghem, Belgium
Edward Gheiler, USA
Supported by an educational grant from Boston Scientific

16 February 2019

SA-10 INDUSTRY SPONSORED SESSION
10:00 – 10:30 Foyer 1
The role of FOTONA Smooth ErYAG laser in sexual dysfunction
001 FOTONA Smooth of FotonaSmooth Erbium Laser Technology for vaginal relaxation syndrome, genitourinary syndrome of menopause and episiotomy scars
Zdenko Vizintin, Slovenia
002 Laser treatment of stress urinary incontinence, pelvic organ prolapses and Lichen Sclerosus et Atrophicus
Zdenko Vizintin, Slovenia
Supported by an educational grant from FOTONA

SA-11 INDUSTRY SPONSORED SESSION
10:30 – 11:30 Room M2
Patient education and counselling for implant surgery – communication skill workshop
Speakers: Sam Ward, Belgium
Chantelle Otten, Australia
Register at the counter for this workshop
Supported by an educational grant from Boston Scientific

SA-12 INDUSTRY SPONSORED SESSION
12:00 – 13:00 Kosovel Hall
Testosterone and alprostadil in men’s health
Chair: Maarten Albersen, Belgium
001 Managing the complex triad of erectile dysfunction, hypogonadism and metabolic syndrome/body changes
Maarten Albersen, Belgium
002 Case 1: Testosterone replacement therapy, metabolic syndrome and cardiovascular risk – optimising therapy
Giovanni Corona, Italy
003 Case 2: First-line treatment options in erectile dysfunction – defining the patient profile
Ignacio Moncada Iribarren, Spain
004 Question and answer session
Faculty Panel
005 Summary and concluding remarks
Maarten Albersen, Belgium
Supported by an educational grant from Ferring Pharmaceuticals
Acknowledgements

The organizers of the 21st Congress of the European Society for Sexual Medicine gratefully acknowledge the support of the following companies (as of January 2019).

<table>
<thead>
<tr>
<th>MAIN SPONSOR</th>
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<td>✪ Boston Scientific</td>
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<th>SPONSORS AND EXHIBITORS</th>
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<tr>
<td>✪ Agada Medical</td>
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<tr>
<td>✪ Alfasigma HealthScience BV</td>
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