

For the **Advanced** Course the following criteria apply:

- More than 5 years working clinically in Sexual Medicine or Clinical Sexology **AND**
- Attended specific training in Sexual Medicine/Clinical Sexology or ESSM school **PLUS**
- Work in multidisciplinary team **OR** FECSM or ECPS

### Social program

There will be an optional and very informal social program throughout the course. This is a friendly course and we hope that participants will make new friends, as well as learn about Sexual Medicine. Because the number of participants is strictly limited, there is plenty of opportunity to meet and talk informally with teaching faculty members. Although 10 days may seem a long time to be away from home at a course, feedback from previous groups suggests that loneliness and boredom are not problems.

### Costs

The actual running cost of the complete program is more than EUR 3,700.00 per person. These are partly generously subsidized by the European Society for Sexual Medicine.

Therefore, the registration fee for the complete program is:

- EUR 2.900,00 for ESSM members
- EUR 3.100,00 for Non-members

This includes tuition fees, meals and accommodation for the 10 days course. **Travel costs are not included and we advice to book flights which include cancellation insurance.** ESSM members from low-income countries, or those who are experiencing financial hardship, may apply for **special bursaries**, which can cover part of the registration fee.

The number of participants of the Sexual Medicine Program is limited, so early application is advisable; registrations will be accepted on a **first come-first serve** basis upon receiving full payment of the registration fee.

**Acceptance** to the ESSM School or Advanced Course will take place after evaluation by the course leaders, of the delivered information (CV, Motivation letter and information). A full refund will be provided if you are not satisfied with the allocation to the ESSM School/Advanced Course according to your request but not later than 5 days after the announcement of the allocation.

For further information, please e-mail the ESSM Secretariat: [ESSMSchool2021@aimgroup.eu](mailto:ESSMSchool2021@aimgroup.eu)



# ESSM

European Society for  
Sexual Medicine



ESSM School Course  
ESSM Advanced Course

**Adapted dates due to the Covid-19**

in cooperation with  
ISSM and EFS

**The ESSM School and  
Advanced Course  
of Sexual Medicine 2020**

**9-18 April 2021  
Budapest, Hungary**

[www.essm.org](http://www.essm.org)



## After postponement due to the Covid-19 crisis we are happy to announce the next **ESSM School and Advanced Course of sexual Medicine 2021**

The ESSM School and Advanced Course of Sexual Medicine will take place on 9-18 April 2021 in Budapest, Hungary. On behalf of our President, Dr. Carlo Bettocchi, the Executive Committee, and the Educational Committee of the ESSM we invite you to apply for the ESSM unique educational program in Sexual Medicine.

### Background

The ESSM School of Sexual Medicine was established by the European Society for Sexual Medicine (ESSM). The first "Oxford Course" was run in 2007; in order to improve the program and to adjust to the requirements of the participants, for the second time we will have 2 separated courses (the **ESSM School and ESSM Advanced Course**) according to level of knowledge and skills.

### Content

The program is intended for persons with post-graduate experience in any relevant clinical specialism who seek to acquire the knowledge and skills essential for practice (ESSM School) or to gather advanced knowledge and improve skills (Advanced Course) in Sexual Medicine and Clinical Sexology. Interest in and enthusiasm for Sexual Medicine are the essential qualifications; whilst previous experience in the clinical practice of Sexual Medicine is an advantage, the ESSM School is also suitable for those starting out in this fascinating and rapidly developing area of medicine. Special skills in surgery or psychotherapy are not a requirement for participation. Medical doctors, psychologists and therapists are welcome to join the program.

**Medically qualified participants** should find the School Course helpful when preparing for the **Fellowship of the European Committee of Sexual Medicine examination** in 2022 (info: [www.mjcsm.org](http://www.mjcsm.org)).

Psychologists will find the School Course program helpful for the preparation of the **EFS & ESSM exam for qualification as Psycho-Sexologist**, in 2022 (info: [www.essm.org/education-certifications/certifications](http://www.essm.org/education-certifications/certifications)).

The 10 days residential course covers a wide range of Sexual Medicine and Clinical Sexology topics and provides

the essential background learning from which clinical experience and research can be developed.

### Curriculum ESSM School Course: Knowledge, Treatment methods & skills

- ✓ Introduction to Sexual Medicine and clinical sexology, scientific societies, journals and activities in the field
- ✓ Sex and culture, rights, ethics and religion
- ✓ Sexuality in the life span (development, mature age, old age)
- ✓ Sexual orientation/gender dysphoria
- ✓ Hormones, Brain & Sexual Behavior
- ✓ Sexual response models
- ✓ Assessment of SDs (Bio-psycho-social) and questionnaires
- ✓ Sexual history taking
- ✓ Male & Female sexual dysfunctions
- ✓ Basics of sexual therapy and intro to different psychotherapy methods
- ✓ Contraception, Infertility, Pregnancy, Postpartum and Abortion
- ✓ Female genital disorders
- ✓ Peyronie's disease and penile disorders

### Curriculum Advanced Course: Knowledge of Treatment & advanced practical of skills

- ✓ Organizing assessment, treatment plan and follow-up
- ✓ MSDs: management of cases
- ✓ FSDs: management of cases
- ✓ How to work multidisciplinary
- ✓ Surgery in Sexual Medicine (male and female)
- ✓ Psychotherapy (different methods)
- ✓ Couple therapy
- ✓ Specific topics:
  - Psychiatric diseases
  - Hypersexuality
  - Paraphilic disorders
  - Chronic disease and cancer
  - Physical disability
  - POIS, PGAD
  - Body Dysmorphic Disorder
  - Chronic Pelvic Pain

All sessions during the program will be conducted in **English**; participative learning techniques for skill development will be used, as well as didactic teaching.